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SJB School says "Thank You"



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IN SPORTS

Summer soccer league officials optimistic for season



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Ludlow resident dies in fatal fire on Rood Road

By Jonah Snowden *jsnowden@turley.com*

LUDLOW – On April 21, a structure fire broke out at 196 Rood Road due to improper use or disposal of smoking materials, killing one resident.

The fire was reported to Ludlow Central Dispatch at 10:51 p.m. by a resident who said that their apartment was on fire and they were unable to find a way out. Within four minutes of the 911 call, firefighters and police officers from the Ludlow fire and police departments arrived on the scene.

The apartment was in a multi-family wood frame apartment building but was confined to a single unit. At the scene

of the fire, the Ludlow Police helped evacuate the occupants of the other four apartments.

Crews were able to control the fire enough to make entry into the building and quickly located and extricated a woman from her bedroom window. The woman later succumbed to her injuries at Baystate Medical Center, according to the Ludlow Fire Department. No one else was injured. Damages are estimated at \$100,000.

The Westover Fire Department, Wilbraham Fire Department, and Chicopee Fire Department aided the Ludlow Fire Department with the fire as well, while the Springfield Fire Department provided station coverage, according to a statement.

The State Police assigned to both the Office of the State Fire Marshal and to the Office of the Hampden District Attorney jointly investigated the fire with the Ludlow Fire and Police Departments. Assistance was also received from the Department of Fire Services Code Compliance and Enforcement Unit and State Police Crime Scene Services.

Ludlow Fire Chief Ryan M. Pease, Acting Ludlow Police Chief Michael Brennan, Hampden District Attorney Anthony D. Gulluni, and State Fire Marshal Peter J. Ostroskey, said the cause of the fire was from the improper use or disposal of smoking materials.

Investigators determined that the fire was ignited by smoking

materials on the second-floor rear porch, which was also the only way out of the apartment.

When the building was built in the 1800s, it was considered a mansion, and since then has been divided into several apartments.

"If you rent and there are no working smoke alarms, please contact the Ludlow Fire Prevention Bureau and we will work with your landlord to improve your fire safety," said Chief Pease in a public statement. "Landlords and homeowners, please make sure there are working smoke alarms in every apartment and common hallway. They must be less than ten years old. We are happy to work

Please see **FATAL FIRE** Page 4

Uptick in motor vehicle thefts and break-ins

By Elise Linscott elinscott@turley.com

LUDLOW – The Ludlow Police Department is asking town residents to lock their parked motor vehicles, property sheds and garages whenever possible.

The department has seen a recent increase in stolen motor vehicles, motorcycles, and breaking into unlocked vehicles during overnight hours, according to Ludlow Police Lieutenant Daniel Valadas.

Recent thefts and breakins have occurred over the past two weeks on Allison Lane off of Arthur Street, West Street by Barna Street, Moody Street near Richard Street, and on East Street. One of the vehicles was recovered last week in Hartford, Conn.

"The worst criminal activity happened early Friday morning (April 24th)," Valadas said.

On that one night on Allison Lane, which is a residential neighborhood, a 2017 Toyota Highlander was stolen out of an open garage, and a 2013 Mazda CX-5 was stolen from a driveway next door.

A total of approximately \$2,900 worth of hockey and golf equipment was stolen, along with a wallet out of another vehicle and personal items within the vehicles. Key fobs and keys were within the motor vehicles, Valadas said.

The Toyota Highlander was recovered that same day in Hartford.

Please see **THEFTS**, Page 5

Indian Orchard Blooms Campaign accepting sponsorships



Courtesy Photo

The Indian Orchard Citizens Council is looking for flower basket sponsors as part of their annual Indian Orchard Blooms Campaign.

By Jonah Snowden jsnowden@turley.com

INDIAN ORCHARD – The Indian Orchard Citizens Council (IOCC) is looking for sponsors for flower baskets as part of the annual "Indian Orchard Blooms Campaign."

The campaign is the IOCC's Annual Neighborhood Beautification Campaign that was originally launched in 2018. Paul Caron, former State Representative and current Chairman of the campaign, said it was the "first undertaking of a new subcommittee the neighborhood council created to reach out to and interact with the Indian Orchard Business Community."

"During my time in office, I had organized the Indian Orchard Business Community into a working group that became actively involved with the Neighborhood Council on community projects," said Caron. "The Indian Orchard Business Committee eventually disbanded after I left the office in 2003."

Caron also said in 2018, Zaida Govan, President of the IOCC, contacted him to ask for assistance in helping to reorganize and restart the Indian Orchard Business Community.

They did so by reaching out to a few businesses, including Rick's Auto Body, Eastman Chemical Company, and Gagliarducci's Construction, who had been longtime supporters of the Neighborhood Council and asked for their help in creating a new council subcommittee called the Indian Orchard Business Connections Committee (IOBCC).

Their First project carried out a Neighborhood Beautification Campaign to improve the business climate in the neighborhood.

"The initial goal has been to secure business sponsors for 25 hanging baskets along Main Street, but the overwhelming support we received from the long doormat business community resulted in quickly expanding that initial goal to 75

Please see **BLOOMS**, Page 5

turtles

We would love to give you or your kids a fun little project each week.

Find **TURLEY** (the turtle) our new mascot within the paper. Have fun and count how many times you find Turley. Email your results along with your name. town and turtle count from what paper to elinscott@turley.com. We will post your name and count in the following weeks paper. Correct answers will be submitted for a monthly drawing and a chance to win a prize.



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Town of Ludlow – Weekly Update

As of April 24, we have approximately 60 confirmed positive test cases for the COVID-19 virus. Regrettably, I sadly report the loss of another Ludlow resident. This is the fourth resident to have passed due to complications related to the Coronavirus. Let us all say a prayer or show respect in our own way for those lost to or infected by this vi-

I'd like to inform everyone that the fourth quarter tax bill due date was extended from May 1, 2020 to June 1, 2020. If you have any questions, please contact the Town Tax Collector's office or the Board of Assessor's office.

Many people have been asking how to get on the robo-call list or have been calling with concerns that they have not been receiving the calls. First let me tell everyone the easiest way to get on the list - simply call the Board of Selectmen's office at 583-5600 ext. 1201 and leave a message with your name and phone number (landline or cell) and it will be added. If you only have a cell phone and you haven't been receiving the calls, we urge you to add the Town's phone number (above) to your contacts.

Governor Baker spoke today about our State's positive cases and fatalities related to the COVID-19 virus still rising but at a slower rate. He stated that the steps taken regarding all medical facilities, staffing, and equipment are working. Hospital beds in all categories are 50% empty. This statistic was alarming relative to non-COVID-19 related treatment. People that need specific treatments like dialysis, chemotherapy, heart check-ups and

others are not going to the hospital or clinics to get the care that they need because they are afraid of contracting the virus. Those that are sick have tele-health capabilities available to them, and Primary Care Physicians can call or video conference with patients. So please, if you are sick, call your doctor. If you need any treatment, please get your treatment.

Finally, I'd just like to reinforce the Governor's advisory to stay home, go out when needed, wear a mask when in close proximity of others (practicing good social distancing), don't gather in large groups, and respect one another

God Bless and take care of each other

Derek G. DeBarge Chairman, Board of Selectmen



Hello all... please remember that the Senior Center is here! The building may be closed but we are STILL HERE! Please call us with any questions or concerns. 413-583-3564. There is someone answering the phones weekday mornings and all messages got directly to the Director's phone. So please make sure you leave a message if no one is here to answer your call. Also, please 'LIKE' us on Facebook. There is a ton of information. We are working on May's newsletter. It will be late as we have a skeleton crew. Grab and Go has really taken off and we love seeing your faces from afar and for 15 seconds.

It makes our day. Please remember to make your reservations in advance by calling the Center. You must be 60+ and drive. Pick up is between 11am-11:45am and the cost is \$2.00. Next week's menu is as follows:

April 30th: Stuffed Pork Chops May 5th: Vegetable Lasagna May 7th: Ham and Broccoli Casserole May 12th: Fish and Chips

Jodi Zepke, Director Ludlow Senior Center

Indian Orchard Brown Bag May 1

The Indian Orchard Food Bank of Western Mass Brown Bag will be Friday May 1st. It will be done in the parking lot across the street from 117 Main St (Myrtle Street Park). Please drive into the parking lot and line the cars up. (Please do

©2020:Encompass Health Corporation:1514443D-02

not park the cars and get out of the car) the bags will be handed thru the window.

Pick up time will be no earlier than 12:00 noon and no later than 1:00PM. Feel free to call Linda at 413-301-5213 with any questions.

Have Something to Share?
Send your stories and photos to elinscott@turley.com

Turley Turtle

Maryellen Stupak, Celeste A. Chenier of Ludlow and Frank Krzanik of Ludlow all correctly counted 9 turtles in the April 22nd edition of The Register. Al Tomlinson of Ludlow found 6 turtles.

"Thank you for putting this contest in place! Gives our brains something FUN to do and challenges us!!" Chenier

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K OF C DONATES CHECK TO CSC



Courtesy photo

Mary Cassidy, Executive Director of the Community Survival Center, accepts a donation check of \$500. from the Ludlow Council 3535 of the Knights of Columbus. The donation was made to assist those in need of food during the coronavirus pandemic as part of the Knights. nationwide initiative, "Leave No Neighbor Behind".

Sydney Carrington, of Ludlow, Inducted into Sigma Tau Delta International Honor Society

WORCESTER – Assumption's Department of English has announced that Sydney Carrington, of Ludlow, has become a member of Sigma Tau Delta, the International Honor Society for those who study English.

"Assumption College English majors are active and engaged critical thinkers, readers, writers, and analysts who transfer their skills gained in coursework and internships to many kinds of professional careers and graduate studies," said Becky DiBiasio, Associate Professor of English and one of the honor society's advisors. "As a new member of Sigma Tau Delta National English Honor Society, Sydney joins a group of inductees who have demonstrated exceptional ability in the many facets of the College's English department, including literature, journalism, multimedia communication, secondary education, and creative writing."

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Dakin Humane Society caring for pets from COVID-positive homes

Organization Urges People to Have Pet Guardians Designated and Supplies Gathered in the Event of Unexpected Hospitalization

SPRINGFIELD – Dakin Humane Society has recently taken in two cats and four dogs from households where people have been hospitalized with COVID-19, through its Safety Plan for Animals (SPAN) Program, becoming one of the first in the first in the Commonwealth to do so.

According to Executive Director Carmine DiCenso, "In one case, a man was in his third day at the hospital before he was able to communicate with staff and tell them that he had a dog alone at his Shutesbury home. His daughter, who lives several hours away, notified us, and we worked with local law enforcement to safely remove the dog from the home and get her to Dakin. Sampa, the dog, is doing well in our care. Sadly, the man passed away within a matter of days but he had peace of mind knowing his pet was safe and is being cared for."

Dakin's SPAN Program was cre-

ated several years ago to provide temporary shelter for pets belonging to people who were experiencing different crises, including fleeing an abusive household, losing a home due to a fire, or facing an unexpected stay in a hospital or nursing facility due to a medical problem. Now Dakin is using the Program to help pets whose people are being hospitalized with COVID-19, and the organization is following guidelines from the Center for Disease Control (CDC) and the American Veterinary Medical Association (AVMA) regarding their housing. There is a limited number of spots available.

In these days of the COVID-19 pandemic, people with pets, especially those who live alone, need to have plans in place for their pet's safety should they face an unexpected hospitalization due to the virus, says DiCenso. They need to designate a friend or family member who could step in and take care of their pets if they can't, and a back-up for that person as well.

"People may think they're not at risk because of their age or their health, but if there's one thing we've seen with COVID-19, it's that nothing is certain, and anyone can end up hospitalized and fight-

ing this virus. COVID-19 is considered a human crisis, but it can also become a pet crisis in some cases. It's always better for your pet to be able to stay home and be cared for by a friend or family member than

go to a shelter."

DiCenso continued, "It's also a good idea for anyone with a pet to have a pet supply kit prepared. Ideally it would have a 2-week supply of pet medications, their food and bottled water as well as food bowls, leashes, toys and comfort items, medical records, important phone numbers and a recent photo of your pet"

Dakin Humane Society delivers effective, innovative services that improve the lives of animals in need and the people who care about them from its two locations in Leverett and Springfield, MA. The organization shelters, treats and fosters more than 20,000 animals each year and has performed over 92,000 spay/ neuter surgeries since 2009, making it New England's largest spay/neuter provider. Dakin is a local non-profit organization that relies solely on contributions from individuals and businesses that care about animals to bring its services to the community. For more information, visit www.dakinhumane.org.



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One Conversation Can Make All the Difference

Sharing your wishes for end-of-life care can bring you closer to those you

SPRINGFIELD - These are challenging times, and there are many things that are out of our control.

But there are some things we can do to help us be prepared — both for ourselves and the people we care about when it comes to making important life

April is National Healthcare Decisions Month and a time when people across the country are encouraged to get the conversation going about their wishes for end-of-life care. The annual event is sponsored by The Conversation Project, a program of the National Institute for Healthcare Advancement.

"It's all about being prepared for any healthcare emergency by understanding the value of advance healthcare planning. The goal is to reduce the number of tragedies that occur when a person's wishes are unknown, and improve the ability of healthcare facilities and providers to offer informed and thoughtful guidance about advance healthcare planning to their patients," said Dr. Diane Dietzen, medical director, Palliative

Care Services at Baystate Medical Cen-

The Conversation Project suggests three important things you can do immediately to make your wishes known:

- Pick your person to be your health care decision maker.
- 2. Talk about what matters most to you.
- Think about what you would want if you became seriously ill.

"The conversation needs to get going now, it's never too early," said Dr. Diet-

All adults over the age of 18 should have a healthcare proxy, so that they have a decision maker prepared in the case of an emergency or they are unable to speak for themselves.

According to a Survey of Californians by the California HealthCare Foundation and Kaiser Family Foundation Serious Illness in Late Life Survey, 92% of people say that talking with their loves ones about end-of-life care is important, but only 32% have actually done so and say that they haven't had the conversation because they don't want to upset their loved ones.

'These discussions are always hard to begin, but often are very rewarding and meaningful for your family and loved ones," said Dr. Dietzen.

Visit www.theconversationproject.

org for a free Conversation Starter Kit.

Once you have had that important conversation, there are two important legal documents - a Health Care Proxy and Advance Directive - to complete in order to make sure that your wishes are clearly stated and respected when the time comes.

Proxy is a simple legal document allowing you to name someone you know and trust to make healthcare decisions for you if, for any reason and at any time, you become unable to make or communicate those decisions.

An Advance Directive, also known as a Living Will, is a legal document in which you state your wishes regarding end-of-life medical care - including the types of treatments you do and do not want such as "do not resuscitate (CPR) "or "intubate" to help the patient breathe — in case you are no longer able to make decisions or communicate your wishes.

According to Mass. Medical Society, Massachusetts is one of only three states that recognizes Health Care Proxies but does not recognize Living Wills. However, they say Living Wills are still potentially useful "because they guide agents and physicians about the types of choices a person would make."

Dr. Dietzen noted that is important to make sure the person you identify as

your proxy is someone who understands your wishes.

"We often think of our spouse or parents as being able to make those decisions for us, but they may not be the right person because of the emotional burden their decision will carry. That's why it is so important to put your wishes in writing, and to select someone who isemotionally able to carry out your wishes and who can answer any questions the doctor may

have about your care," she said.

We are committed to ensuring that all adults with decision-making capacity have the information and opportunity to communicate and document their healthcare decisions. Making your wishes known in advance by completing a health care proxy and an advance directive is extremely helpful to physicians in knowing whose direction to follow in the event of family controversy over treatment, which could otherwise lead to the courts becoming involved," said Dr. Di-

Visit the Medicare website for more information at www.medicare.gov/manage-your-health/advance-directives/ advance-directives-and-long-term-care.

For more information on Baystate Health, visit baystatehealth.org.

Mass2-1-1 reaches 50,000 calls related to COVID-19

SPRINGFIELD — On April 24, Mass2-1-1 and its Call2Talk emotional support and suicide prevention hotline reached over 50,000 calls regarding COVID-19. Mass2-1-1 is a program created and staffed by the United Ways of Massachusetts and designated by the Massachusetts Emergency Management Agency as the official hotline for COVID-19.

"All of us at United Way and Mass2-1-1 are proud of our Mass2-11 and Call2Talk call takers for doing such an outstanding job over these last 50,000 COVID-19 related calls from the citizens of the Commonwealth. As time goes on calls are becoming much more stressful and emotional, so stay strong team!" said Paul Mina, executive director of Mass2-1-1.

Any resident of Massachusetts with questions about COVID-19 or needs such as unemployment or food caused by the pandemic can call 2-1-1 at any time, from any phone in Massachusetts, in over 150 languages.

About United Way of Pioneer Valley

United Way of Pioneer Valley mobilizes people and resources to strengthen our communities. We target the community's most pressing needs and focus resources, community partnerships, and the energy of volunteers to create measurable results. For more information, visit uwpv.org.

FATAL FIRE from Page 1

with you to make sure your property is in compliance and your tenants are safe.'

Chief Pease said on behalf of the town of Ludlow, he offers their deepest condolences to the family and friends of the victim.

In a public statement, State Fire Marshal Ostroskey said that this has been the second fire death in less than a week from smoking and encourages smokers to smoke outside where it is harder to fall asleep while smoking.

"No matter where you smoke, please be responsible. Use a deep sturdy ashtray or a can with sand or water and put it out. All the way. Every time," said Ostroskey. To learn more about smoking fire safety, visit www.mass.gov/smokingfiresafety.

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PEOPLE/MILESTONE NEWS

As a free service for our readers, we will print all births, weddings, engagements, milestone anniversaries, major birthdays, military achievements, honors and awards. We have a "people news" form available for you to submit these listings. This material is provided to us by our readers and local institutions and we do not charge to print this content.

For more information, or to submit people or milestone news for The Ludlow Register, please email ludlowregister@ turley.com.

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April is National Safe Digging Month, reminds MMWEC

LUDLOW –The Massachusetts Municipal Wholesale Electric Company (MMWEC), owner and operator of the Stony Brook power plant and a natural gas pipeline in Ludlow, is reminding residents that April is National Safe Digging Month. Anyone planning to dig is required by law to call Dig Safe by dialing the toll-free number, 811.

MMWEC installed, operates and maintains the natural gas pipeline that safely and reliably transports fuel to its Stony Brook power plant. It continually is seeking ways to raise awareness of and educate the community about pipeline safety.

Dig Safe is a free service that coordinates information about the location of the MMWEC pipeline and other underground utilities such as water. sewer, telephone, or electric services. It is important to call Dig Safe before starting any kind of excavation or project that requires digging, including activities such as planting shrubs or installing fence posts. Dig Safe should be called three business days before any digging begins. The appropriate utilities such as MMWEC, Columbia Gas of Massachusetts, Eversource and Verizon, will visit the site of expected excavation and mark the location of

their respective utilities. Only then will it be safe to perform the anticipated digging activities. Due to COVID-19, most Dig Safe customer service representatives are working remotely. Those calling Dig Safe are asked to be patient with potentially longer than typical call times.

MMWEC is providing this information, along with regular communication to pipeline abutters, contractors, town officials and first responders, under its pipeline Public Awareness Program. The PAP is intended to ensure that people living or working near the MMWEC pipeline know that the pipe-

line exists and approximately where it is; are aware of basic natural gas pipeline safety information; and know who to contact if they have questions or if there is an emergency. Under this program, relevant parties are notified when pipeline inspections, regular maintenance or other work is to be performed on the pipeline or along its route. This program is part of a pipeline integrity management plan maintained by MMWEC in accordance with federal requirements for gas transmission lines.

MMWEC welcomes feedback from the public regarding its pipeline Public Awareness Program.

BLOOMS from Page 1

baskets in our first year of operation," said Caron. "Baskets were hung on Main Street, Oak Street, and Pasco Road. In our second year, 2019, those initial 75 baskets were increased to 125 baskets and three additional streets were added, Ludlow Avenue, Parker Street, and Berkshire Avenue. In our third year, we had hoped to add 50 new flower baskets to Boston Road, which is part of the Indian Orchard Citizen's Council's areas of jurisdiction."

Caron said the IOCC uses Garten Landscaping of Springfield as their flower vendor and purchases their flowers from a Greenhouse in North Carolina.

"The flower baskets are made of a variety of Nicaraguan Geraniums and Inca Vines that are cultivated and grown in North Carolina," said Caron. "We begin our annual flower campaign immediately after Thanksgiving each year and solicit sponsorships from neighborhood businesses. The baskets are shipped North and are hung in mid-May, where they remain in bloom throughout the Summer until mid-October."

Caron also said that their baskets feature Purple flowers, Indian Orchard's signature color, among the mix of colors.

To ensure that the flowers will be ready by mid-May, Caron said that the flowers must be ordered by Jan. 1 with the greenhouse, which begins cultivating the flowers from seeds. "We purchase these flowers each year and start soliciting Baskets Sponsorships from late November from Indian Orchard Businesses and our local elected officials," said Caron. "While businesses generally donate to the campaign in general, we try to ensure that flower baskets are hung in front of the businesses that sponsor flower baskets."

The cost of sponsoring a flower basket is \$140 a year, and covers not only the purchasing of the flower, but for the regular watering and maintenance they receive throughout the summer.

"The secret to keeping these flowers in full bloom is regular watering and fertilizing," said Caron. "The baskets are watered every three days by Garten Landscaping. They never take any time off during the Summer and give careful attention to each basket throughout the Summer to ensure that our flowers never get sunstroke and distressed."

Another feature of this campaign is their Legacy Basket Campaign, which allows people to sponsor a flower basket in memory of someone that has contributed to the Indian Orchard community throughout their lifetime.

Because of the COVID-19 pandemic, Caron said that their campaign has been greatly affected as many as their basket sponsors from previous years have found it "increasingly difficult" to renew their sponsorships this year due to last minute cancellations, businesses shutting down and struggling to remain viable throughout the pandemic. He also said that they are short 60 basket sponsors as of April 24 and are still looking for businesses willing to sponsor a basket.

"We can think of no better way to celebrate spring, and the eventual re-opening of our economy than through our Neighborhood Beautification Campaign, and we hope that we will soon celebrate a return to normalcy with an explosion of color in Indian Orchard, and on Boston Road, Springfield's Premier Commercial Shopping District," said Caron.

Anyone interested in sponsoring either a basket or a legacy basket can contact Govan, at 413-301-2533 or send an email to iocc.president@yahoo.com. Checks should be made payable to the Indian Orchard Citizens Council, and mailed to the IOCC, a P.O. Box 51593, Indian Orchard, MA 01151.

Due to COVID-19, the IOCC has held their meetings on Zoom. Caron said that their next Zoom meeting will take place on Wednesday, May 13. The information for the meeting will be on their Facebook page, which is under the same name as the council. Anyone interested in donating to the council's PayPal, which helps fund the activities they host, such as the Food Truck Festival, can do so by visiting that same page, which has a link to it.

MassWildlife properties remain open

REGION – The Massachusetts Division of Fisheries and Wildlife shares the following information relative to current agency operations and outdoor activities the public can still enjoy during the COVID-19 emergency.

Spending time outdoors is a great way to support physical and mental health year-round. Fishing, boating, wildlife watching, hunting, and simply exploring neighborhoods provide wonderful opportunities to get fresh air an connect with nature. Outdoor activities, and travel to and from those activities, are still permitted. Outdoor users should avoid gathering in groups larger than 10 people. Everyone should provide a safe distance between themselves and others by remaining six feet apart while outdoors

All Wildlife Management Areas and waters across the commonwealth remain open and available for the public to enjoy. To ensure a positive experience for all WMA visitors, dog handlers are reminded to keep pets leashed, as per usual WMA regulations. MassWildlife encourages the public to visit lesser-known spots and explore the outdoors close to home. If crowded, choose a different location or time to visit.

All fishing and hunting seasons, licensing and regulations remain in effect. Trout stocking isstill ongoing, with most waters in the commonwealth already stocked at least once. Early reports indicate some outstanding fishing. Stocking reports are updated daily and can be viewed at mass.gov/trout. Anglers and other paddlers in canoes and kayaks are reminded they are required to wear a life jacket through May 15.

The Spring Turkey Hunting Season opened April 27, and runs through May 23. Only past participants who have completed Basic Hunter Education and the Youth Turkey Hunting Seminar were able to participate in the Youth Turkey Hunt Day on April 25.

All MassWildlife offices and fish hatcheries are closed to the public until further notice because of the COVID-19 health emergency. Following Gov. Charlie Baker's State of Emergency Declaration, MassWildlife has canceled all group events and programs through April 15, including all Hunter Education and Angler Education courses.

MassWildlife will continue to implement recommendations from the commonwealth regarding any future closures or cancellations.

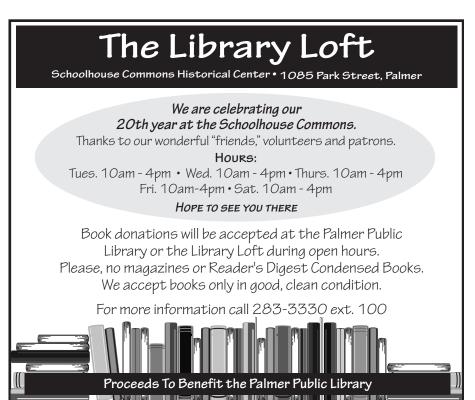
THEFTS from Page 1

These crimes constitute several felony crimes including larceny of a motor vehicle, nighttime breaking and entering into a motor vehicle for a Felony, and larceny of property over \$1,200.

"These are some specifics that I can give out at this time," Valadas said. "There were also two motorcycles stolen last week on West Street, which is nearby. Those were stolen out of an unlocked shed."

In all of these crimes, the vehicles, sheds, or garages were left open and/ or unlocked, with the vehicle keys left inside of the vehicles. The police department also has video images of the perpetrators going through neighborhoods pulling on vehicle doors during the late evening and overnight hours.

If anyone has any information or camera images of these or any other vehicle thefts or break-ins, please contact the Ludlow Police Department at (413) 583-8305.







OPINION

GUEST COLUMN

When it all came out in the wash

an innocence work along with ignorance? As a young wife and mother of two active children under five years of age, lessons were learned amid simple, everyday chores such as laundry.



By Joan E. B. Coombs

Could washable, grey business dress slacks hang out somewhere in the category of lessons learned? Unimpressive. Well, then, could it be that a tall man's grey business suit slacks, requiring professional dry cleaning—were left high and dry?

Once upon a time, a young wife and moth-

er of two active children under five years of age, was asked to participate in several creative tests and recorded interviews by her friend Lois, who was completing her Master's Degree in Psychology.

What was the topic for this session? Perhaps, this time, the interview was about some of the normal, everyday events that contribute to leaping through life on the home front. If memory recalls correctly, one of the most memorable interviews went something like this:

"As a young wife and mother, what were some of your most challenging moments this week?"

"Tackling loads of laundry."

"Hmm. Why was that routine job so rough?"

"Had to separate mountains of wash into colored, dark, and white piles."

"Umm. Triple duty. Do you have a dryer? Or do you have to hang laundry outside?"

"Yup. Sure do! We've got a dandy dryer." And, the young mother of two active children under five years of age muffled her giggles.

The Interviewer abruptly stopped as the Interviewee nearly collapsed with laughter. The Counselor-to-be stopped the recording. Finding the giggles contagious, she asked,

"What's so funny about your dryer?" Putting down her pen, pushing aside her notes, Lois asked, "What happened?"

"I washed, dried, folded the laundry and put it away. Then I hung the clothes that didn't need ironing in bedroom closets."

Please see **COOMBS**, Page 7

Silent Sickness

It looks like the virus is here to stay
It becomes more dispersed every single day
Diverging itself all around the globe
Bringing sickness and bane to the mortal soul.

We're working frantic to stop the dread They say the virus was carnal spread In some distant country way across the sea Now it penetrates the shores of liberty

We're all in the same big unsure boat Learning as we go how to stay afloat And stretch our supplies like never before Because the length of its stay we're not quite sure

Everything is closed all over the place Stay away from others, especially their face Don't touch this and don't touch that With whom lately have you sat?

We'll all come through this as a better race Maybe now we'll give some extra space To the person in line who's ahead of us With the sneeze and the cough and the new virus!

> By Dwayne Lyons Ludlow MA



GUEST COLUMN

Starting annual flowers indoors

IN THE

GARDEN

Roberta McQuaid

Columnist

This past Saturday my daughters and I completed our annual seed starting ritual. First, we gathered all of the brightly-colored packets of flower seeds I had accumulated, and with them all sprawled out in front us, started writing out labels on old Popsicle sticks. Both the girls have their own little flower plot in the garden; it's always fun to see what varieties make the "cut" so to speak.

Then I found a good selection of clean, reused containers: six-packs from plants I purchased last year, former yogurt or takeout ice cream cups and other such containers, and filled them with moist potting soil. We usually sow one or two seeds per cell or cup, depending on the gusto of the plant sown. This year, my favorite seed starting mix is the Coast of Maine brand. I purchased it at Hardwick Farmer's Co-op, in Gilbertville, no- contact style by calling and paying ahead.

Once the seeds are sown we put all of the containers in a tray covered loosely with a clear plastic bag and placed it in a warm spot. Once they germinate I'll make sure to keep them in a sunny window, or better yet put them outside in a sheltered by sunny spot if the weather cooperates. They won't be transplanted into the garden until the chance of frost has passed, usually by Memorial Day, and after they have been acclimatized to the outdoors by a period of hardening off.

Bachelor's button or cornflower: Could the first name come from the fact that this flower fits perfectly into a button hole? Or maybe it's popularity as a boutonniere flower? No matter, kids will love them because of their two-inch delicate blooms in pretty shades of blue, pink, lavender, maroon and white. Plants can grow anywhere from one to three feet tall and are rather lanky in appearance. For that reason they can be spaced at just six inches apart. They often peter out in the heat, so resow in late June for blooms well into the fall.

Calendula or pot marigold: Long prized for its medicinal qualities, we all love calendula because of its bright yellow or orange flowers. Depending on variety, the petals on these beauties can be single, semi-double or fully double, and can have contrasting dark eyes. Most top off at less

than two feet tall. They are subtly fragrant. Plant 10 inches apart. Cut spent blooms to keep the plant producing and with any luck you could see flowers past the first fall frost. Do let a few flowers fade on the plant, and when they are completely dry and the color of straw, let the kids examine and pull apart the tightly-packed seed cluster. Put some in a jar, label, and save like my mom did for sowing

next year.

Marigolds: We either "love 'em or hate 'em," probably because of their smell. Kids always seem to steer to the former. First off, the easy to handle seeds are really cool because they're black and white and have tails! They come up easily and bloom for most of the summer even in drought. Of the three species most commonly sold, stick with either the French or the African for bouquet making. French types are best for the edge of the border, growing only about a foot tall. African marigolds usually grow anywhere from two to three feet tall depending on variety. Plant six inches apart for the shorter types and at least a foot apart for the taller vari-

Zinnias: My absolute favorite summer flower in the world! Some say gaudy, I say cheerful. The dahlia-flowered variety 'Benary's Giant' has flowers in every color but blue. They regularly top four inches across. Plant these in the back of the border at least one foot apart. A bouquet of these would certainly deserve a pretty vase and prominence on the window sill.

Why not forgo buying transplants this year and start some flowers from seed? It is a lot of fun to see the process full circle, from seed to flowers and then to seed again. The varieties I have outlined below are great for beginners or children, but even old pros will enjoy these and many other types come mid-summer.

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For the last 28 years, she has held the position of staff horticulturalist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to ekennedy@turley.com with "Gardening Question" in the subject line.



REGISTER

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All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email rwirth@turley.com. The deadline for submissions is Friday at noon.

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rwirth@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo caption identifying all subjects in you image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to rwirth@turley.com.

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REGISTER

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Surviving the ladders of Mt. Willey

By Julie Midura

s many people have turned to nature during these unprecedented times, it has become significantly more challenging to social distance when the trailheads are packed with cars and the trails are crowded with people who just want to get outside for fresh air and exercise. Many states have issued stay at home orders, and hikers are being urged to stay 'low and local.' It is strongly recommended that people avoid traveling to other states to recreate at this time, as well as to avoid the larger, more challenging peaks in an effort to minimize the likelihood of being injured and needing a

Tom and I are happy that we were able to get one final winter ascent of a 4,000-foot peak last month, just days before the stay at home order was implemented in Massachusetts. On the last full weekend of winter, we headed to the White Mountains of New Hampshire to climb Mt. Willey, elevation 4,285 feet. It would be the 34th four thousand-footer that we had climbed in winter. Little did we know on that beautiful day in mid-March that it would also be the last time we would be heading to New Hampshire to hike for quite some time. Just days later, our nation was in a State of Emergency due to Coronavirus.

The first 1.6 miles was a beautiful walk in the woods on the snow-packed Ethan Pond and Willey Range Trail. A solo hiker came up behind us and passed us, but was soon heading back towards us. He told us that the snow and ice-covered ladders were too dangerous to ascend. But we noticed that he was wearing micro-spikes on his feet, while we were wearing crampons. Since our traction was more aggressive, we assumed that we'd have no problem making it up the steep section that he was referring to. In addition to wearing crampons, we were also carrying our 'never-used-before-butwatched-several-YouTube-videos' AXES!

We were making great time, and frankly, were feeling rather confident due to our aggressive footwear and the shiny new ice axes strapped to our backpacks. But reality slapped us in the face when we reached the snow- and ice-covered ladders. We had climbed this mountain before during the summer, so we knew that there were eleven wooden ladders beneath all of that snow and ice. Those ladders had made it possible to ascend this section of the trail... when the rungs had actually been visible and before winter's fury had completely obliterated them. To give you a clearer idea of just how steep this section is; if you stand up and reach your arms straight out in front of you at shoulder level, you would be touching the trail that is normally under your feet





and said "There but for the grace of God go I." I plunged the shaft of my ice axe through the ice and began kick-stepping up the slope. Tom was about twenty feet in front of me, doing the same thing. I managed to make it up twenty feet or so when I suddenly was unable to get my crampons to bite into the ice. And that's when the terror set in. I froze, and thought 'What am I doing? I'm going to DIE just to bag a peak?!' I yelled up to Tom, "I don't think I can make it up this! And I'm terrified to go back down.'

Tom yelled down to me to try to work my way over to the side of the trail, as he had done. He would head down to help me and we would turn back.

I looked to my right and to my left, searching for a tree that was close enough to grab onto. There were none within reach. I remained still for a moment, breathing deeply to calm myself from the panic that was overtaking my mind. I decided to use the adze of my ice axe to chop steps into the slope. (Another technique I had seen on YouTube.) I was then able to kick my toes into the slope and, going hand over hand, work my way over to the woods on the right side of the trail.

Once I reached the woods, I grabbed onto the nearest tree trunk until my heart began beating normally again. It was then that my courage kicked in. Okay... maybe it wasn't courage. It may have been the fact that the idea of giving up when we had less than a mile left to reach the summit was unthinkable. "Don't come down yet!" I yelled up to Tom. "Maybe I can make it up now that I'm off of the exposed area." Although the woods on the side of the trail was no less steep than the official trail, at least I had trees to grab onto... or to break my fall if the unthinkable happened. I still couldn't stomp my crampon-wearing feet hard enough into the ice to get purchase, so I continued



grabbed onto every tree trunk that I could to haul myself up the mountain.

Trembling arms and a terror-filled hour later, we had made it past the ladders. As overjoyed as we were when we reached the summit, it was tempered by the knowledge that we still had to get back down. We spent a half hour taking in the magnificent views while refueling with hot cider and snacks before packing up our gear, saying a prayer, and heading back to the trail.

The descent, while usually much more difficult than the ascent, was- while not easy- less terrifying than we anticipated. The sun had softened the snow and ice slightly, so I was able to plunge the spike of my ice axe into the snow to support my weight and climb down backwards in the steepest sections. The steps that I had created on the way up were a tremendous help as well.

I'm thrilled that we ended our winter hiking season on such a labor-intensive do so responsibly, and practice social dis-I took a deep breath, stepped forward, to chop steps into the ice and snow, and climb. Mt. Willey was by far the steepest tancing, even while outdoors.

climb we had done so far in winter. This was a hike that made me step out of my comfort zone... FAR out of my comfort zone. However, it's experiences such as this one that help us become more confident and capable as hikers.

I do, however have to give credit where credit is due on this particular hike; my wonderfully supportive and encouraging husband. I could never have made it without his sense of calm in the face of extreme duress. Oh... and one more thing; those incredibly informative YouTube videos that showed us the proper way to use crampons and ice axes! However, I would be remiss if I did not add the following disclaimer: Do not attempt a feat such as the one described above without proper instruction and guidance from a qualified Mountaineering Guide. In no way do I condone such reckless behavior.

Peace and hike on friends! But please

COOMBS from Page 6

"And..."

"Well.-by all appearances-when The Hub grabbed his business suit... Well, the matching grey pants were washed and dried in the dryer instead of being dry cleaned..."

Gasp. Silence. Then table-slapping, rib-holding, heads-back laughter rocked

Sheepishly the young wife and mother of two active children under five years of age continued: "I honestly didn't realize my mistake--even when I hung the slacks up in the closet. Umm. He must not have realized it either, especially during the early morning hours."

"Until..."

"When my well-over six-feet-tall hubby got dressed for work, he didn't notice anything unusual. But, when I saw him-- his pant leg cuffs were above ankles."

Giggles. Breath-bursting laughter. Trickling tears. Motherhood. Sister-

Lost for words-- the young wife and mother of two active children under five vears of age, wasn't sure how to explain the mix-up. The problem of distinguishing, (amid chasing children and chores), between the washable permanent-press, light-grey slacks, and the dry-clean-only, light-grey business suit slacks. And, yet, as always--The Hub understood.

Yet, somehow the Interviewer and the Interviewee, both being young mothers, understood how lessons and laughter can erupt from committing acts with innocence and ignorance. And, even with laundry mix-ups - the truth being told - that undeniable evidence showed up when it all came out in the

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teeling bored

Answers: A. lawn B. garden C. plants D. design

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to landscaping. Each number corresponds to a letter. (Hint: 16 = n)

22 3 17 16 Α.

Clue: Contains grass

В. 3 12 7 24 16 23

Clue: Organized plants

C. **26 22 3 16** 9

Clue: Living organisms with roots

D. 7 24 19 8 23 16

Clue: Plan or drawing

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to landscaping.

SAGSR



Апѕиек: Grass

Guess Who?

I am a comic actress born in Texas on April 26, 1933. I once lived in a boarding house for women pursuing careers in acting. I have earned a Tony, Emmy and Golden Globe for my work in various genres.

Answer: Carol Burnett

WORDS

ACIDIC

AERATE

ALKALINE

AMENDMENTS BEAUTIFY

BLADE

CARBON

COMPOST

DEADHEAD

FERTILIZE

GREEN

LANDSCAPE

LEAVES

MATTER

MOW

MULCH

ORGANIC

PEAT

PLANTINGS

PRUNE

SHRUB

S0IL

TILL

WATER

horoscopes

ARIES – Mar 21/Apr 20

Aries, others want to lure you into their shenanigans, but you don't need to worry about falling prey. You stick to your own ways of doing things.

TAURUS – Apr 21/May 21

Taurus, you may need to take a different and unusual approach to get things accomplished this week. Do not be afraid to take the bull by the horns if it is nec-

GEMINI – May 22/Jun 21

Thinking outside of the box is something that you do with frequency, Gemini. Although others may not be sure of your unconventional methods, you always get things done.

CANCER – Jun 22/Jul 22

Cancer, anxiety about starting a new path or chapter in your life is completely normal. Look forward to all of the positive things that may be in store soon enough.

LEO - Jul 23/Aug 23

Lend a helping hand to someone who may need a vote of confidence or some words of support this week, Leo. Your efforts will be appreciated very much.

VIRGO - Aug 24/Sept 22

Make the most of luck that comes to you this week, Virgo. Do not speculate why such good fortune comes your way, but embrace it with an open heart.

LIBRA – Sept 23/Oct 23

Do not rush to judgment on any situation or person for the time being. All of the facts have not come to light or sharpened. But the truth will soon reveal itself, Libra.

SCORPIO – Oct 24/Nov 22

Scorpio, someone close to you needs space this week, so give them some room to breathe. Find a way to keep busy as this person works through what he or she needs.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, a competitive coworker is pushing hard to be on top. Use this as motivation as you to strive to become the best version of yourself you can be.

CAPRICORN - Dec 22/Jan 20

Capricorn, you feel confident moving forward with a relationship after a heartto-heart talk. Now this week you can cultivate this relationship even further.

AQUARIUS – Jan 21/Feb 18

Share your thoughts and feelings with someone who is unbiased if you want an accurate assessment of what you need to do to improve, Aquarius. A willing listener is quite helpful to you.

PISCES - Feb 19/Mar 20

Pisces, you will need patience in spades this week. Others may not be able to maintain your pace, so give them the benefit of the doubt.

C Ε C D Ε 0 Ι G U Ε Ε Ρ Ι Ε C Ε Ι S Т В Ι 0 S W N S Α Ι Ρ Ζ В Z В Ζ 0 Т W K Α C Ε Ζ S Ι Ι K G K Н K C N N М P В F Ρ Z Ζ В Ε U Υ Ρ F Ε S T Ι 0 U N L C D Ε C R D C G U D Α Ε D Α Ε D Ι В Ι Ι Н S G Z R Ε Ι Ι Т Ι L W N Ε L L Ε C C C Α R R T W Н U Ε S G P Ι В N Ι Ε Ε Т Ν S C N Т S Ε F V Ζ Н Τ W Ε C Α Н G Α L Κ C G N Т F В М D L М Ε Ν G Α W Н U Ι S R W G L D K Т C Ε Ι Ε C N ٧ Ε Ε 0 Α V R Н Ι Ε Ι 0 Ε U Ι Ρ М R F W В R М V М G C K V Ν C Ζ

N 0 Α В

Find the words hidden vertically, horizontally, diagonally, and backwards.

answers for the week of 4/20

8 2 1 4 3 4 1 7 5 6 9 5 8 1 3 6 8 4 8 5 9 6 9 3

3

2 6

8

2

ANSWERS WILL BE IN NEXT

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IN THE CLASSROOM



St. John the Baptist School students are taking part in the "Hearts for Healthcare Workers" Project. Here (left): Nevaeh and Caleb Rose wave "Thank You."

SJB SCHOOL SAYS "THANK YOU"



Courtesy photos

Alex Woods draws on his driveway to show his gratitude!

MMWEC offers scholarships to Ludlow, Minnechaug high school seniors

LUDLOW, Mass. – Applications are open for the Massachusetts Municipal Wholesale Electric Company (MMWEC) scholarship program.

MMWEC is offering four \$1,000 scholarships to be awarded to qualifying seniors from Ludlow and Minnechaug high schools who are planning to attend either a two- or four-year college. Scholarships will be awarded to two students from Ludlow High School, one Minnechaug student from Hampden, and one Minnechaug student from Wilbraham. Students must plan to pursue a degree in disciplines related to engineering, environmental sciences, finance, or accounting.

Scholarship awards will be based on several factors, including academic achievement and need. All seniors planning to pursue one of the specified academic areas are encouraged to apply, regardless of their class ranking.

To be considered, students must submit all required documents including a letter of recommendation from their guidance counselor and a letter detailing their educational and professional goals. The submission deadline is May 15, and MMWEC will be

accepting electronic application submissions for the first time. Application and submission details will be shared with

students via their guidance counselors.

As part of its commitment to the Ludlow, Hampden and Wilbraham communities, MMWEC has awarded \$48,000 in scholarships to help local students defray the cost of higher education since the inception of the scholarship program in 1998

MMWEC is the joint action agency

return back to its pre-Corona days. Until then our frozen items are proving to be the best value. We encourage you to give these items a try!

We thought we would give you a quick update. First, we are happy to re-introduce weekly sales. We are cautiously optimistic that the market will slowly

Second, we have posted throughout the store, on our website and on Facebook our health and safety rules. We kindly ask that you adhere to these in order

for public power in Massachusetts, providing a variety of power supply, financial, risk management and other services to the state's consumer-owned, municipal utilities. MMWEC is the operator and principal owner of the Stony Brook power plant on Moody Street and has been a corporate resident of Ludlow for 43 years.







Mother's Day is Sunday, May 10th!

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STCC Respiratory Care program lends ventilators to hospitals

SPRINGFIELD - Springfield Technical Community College's Respiratory Care program is lending its five ventilators to area hospitals preparing for a surge in patients due to the COVID-19 pandemic.

Christopher Scott, dean of the School of Health and Patient Simulation, said STCC is prepared to donate or lend any equipment hospitals need during the coronavirus emergency. The school recently donated all of its personal protective equipment to area hospitals, medical centers and first responders.

STCC is lending its ventilators to Baystate Medical Center and Mercy Medical Center, both in Springfield, and to Holyoke Medical Center.

"We knew that hospitals are preparing for an influx of patients and will need ventilators," Scott said. "We work closely with Baystate, Mercy and Holyoke on a regular basis. We are grateful for all their support over the years, so we are happy to let them use whatever equipment we have to help their patients."

Scott said STCC respiratory care students have trained on the ventilators, which are the same type the hospitals use.

"Our semester is winding down, and we feel these vents can be put to better use on the

Worldwide

783-5883

front lines in hospitals," Scott said.

Ventilators are used by some patients infected with COVID-19 who have breathing problems. The breathing devices have been in demand since the start of the pandemic. Ventilators are one of the tools used to help some COVID-19 patients.

The coronavirus crisis has put a spotlight on the profession of respiratory care. In addition to helping patients with COVID-19, respiratory therapists treat people suffering from a range of chronic respiratory diseases, including asthma, emphysema, pneumonia, cystic fibrosis, sleep apnea and chronic bronchitis.

The two-year associate degree program at STCC trains students in the treatment, management, diagnosis and care of patients with diseases related to the heart and lungs. Training includes the use of therapeutic gases, ventilator support, breathing exercises, aerosol administration, medications, humidification and maintenance of airways.

Graduates of the program can transfer to a four-year college or university to continue their education or begin working at a hospital or other health care facility.

Over the last several weeks,



Courtesy photo

Esther Perrelli Brookes, left, Department Chair, Respiratory Care, stands next to one of the ventilators that has been lent to an area hospital. Also pictured are respiratory care faculty Scott M. Frink, center, and Nfamara "Fams" Taal.

several STCC respiratory care students applied for limited permit licenses to work at area hospitals and help meet the demand to help patients.

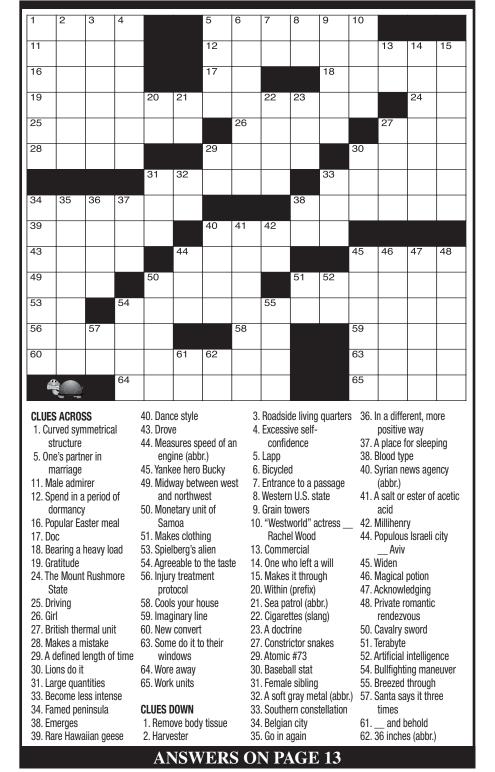
Respiratory therapy is one of the fastest growing fields in health care. According to the

U.S. Bureau of Labor Statistics, respiratory therapists will continue to be in high demand at hospitals and medical facilities. Projected job growth is 21 percent between 2018 and 2028, which is much faster than the growth rate for all oc-

cupations (5 percent).

Interested in applying to the respiratory care program at STCC? Visit stcc.edu/apply. If you have questions about the program, please email Esther Perrelli Brookes, department chair, at eperrelli@stcc.edu





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Spring sports officially cancelled

Following the governor's closure of schools for the remainder of the year, spring sports will not happen

By Gregory A. Scibelli gscibelli@turley.com

REGION – After weeks of speculation back and forth, the high school sports world got

the sad news it had been dreading.

Last Friday, the Massachusetts Interscholastic Athletic Association's Board of Directors was forced unanimously to cancel the spring sports season and associated tournaments.

It was a mere formality as Gov. Charlie Baker announced last Tuesday that schools in Massachusetts would remained closed for the remainder of the 2019-2020 academic school year, which would have ended

in mid to late June.

Baker held off for a few weeks on making the decision, hoping new coronavirus case numbers would decrease to the point where the state could begin opening up.

But as the "surge" in both new cases and deaths progressed, it became clear to Baker's administration that putting students in schools would not be a good situation. Additionally, the Massachusetts Teachers Association pushed for the closure of schools for the remainder of the year.

The closure of school means it is not possible for athletes to play sports, putting an end to the proposed shortened, 12-game season the MIAA was hoping to play beginning on May 4. The school closure was set to expire on that day before Baker made his announcement.

The announcement gives a definitive answer the question about whether or not seniors will have their final moments in many of their respective spring sports. The decision cancels baseball, softball, boys lacrosse, girls lacrosse, boys tennis, girls tennis, boys track, girls track, boys volleyball.

There are no proposals for any school sponsored sports to play during the summer, and athletic directors will now have to turn their attention to hopefully playing sports this fall,

Please see **SPRING SPORTS**, Page 1

Summer soccer league officials optimistic for season

By Gregory A. Scibelli gscibelli@turley.com

LUDLOW – In the advent of the high school sports spring season being cancelled and the lack of team sports being played all over the country, sights in Western Massachusetts have now begun looking at whether summer sports will be played.

Summer sports have ballooned over the years as a way to keep all athletes active during the summer months. In the past, there was only summer baseball and soccer. But basketball, field hockey, lacrosse, and even flag football have been added over time.

The Pioneer Valley Summer Soccer League, however, nearly outlasts them all and is considered a crucial battleground for players that are vying for that competitive edge heading into the fall season.

The PVSSL has been in existence for more than 40 years, and there is some question as whether or not the season will begin on time following the cancellations that have already occurred.

Lusitano Stadium in Ludlow, which hosts the PVSSL finals in early August, is the home of the semi-pro Western Mass. Pioneers. However, their season has been cancelled.

The American Legion baseball program will not have a national tournament or a World Series. However, Legion officials do hope players will have a regular season, especially with the spring baseball season cancelled.

Chris Kolodziey, who along with his wife Dianna, took over the PVSSL in place of his late father, league founder and legendary soccer contributor William Kolodziey, says they are monitoring the situation closely.

Unlike some other leagues, Dianna Kolodziey said last week there is some flexibility in hold-

Please see **SOCCER**, Page 12

DEAT INSURANCE IN A REAL ESTAR TO KE



File photos

Players from all over the region have participated in the Pioneer Valley Summer Soccer League for more than 40 years. The league said last week it is closely monitoring the coronavirus situation, but is still hopeful the league will begin play on time in mid-June.





Mass. Golf cancels open event in June

NORTON – Mass Golf has made the decision to cancel the 111th Massachusetts Open, set to take place June 15-17 at Taconic Golf Club in Williamstown, due to the ongoing spread of COVID-19 throughout Massachusetts and the entire country.

All six Mass Open qualifying events have also been canceled, but any exemptions from this year will carry over and be honored for the 2021 Mass Open.

Participants who have registered have received an email detailing how refunds will be processed for the Mass Open and its qualifying events.

The Mass Open is the only Mass Golf event that allows amateur and professionals from any state or country to enter and compete against one another. With a professional purse of \$75,000, the Mass Open offers one of the largest purses in the New England area.

The Four-Ball Championship was also canceled earlier this month, making the Mass Open the second of Mass Golf's Championships to be canceled this year. This also marks the first time since 1945 that there will be no Mass Open played, as the event was not held from 1943-45 due to World War II.

"We care deeply about this historic and signature championship and have made this decision with a heavy heart," said Jesse Menachem, Mass Golf's Executive Director/CEO. "This is an unfortunate situation we're dealing with in the COVID-19 era, but our absolute priority is to protect the health and safety of the Players, Officials, Volunteers, and Spectators as well as the Host Club Staff and Mass Golf Staff involved in the Mass Open and its qualifying events. Taconic has been extremely supportive throughout

Please see **GOLF**, Page 12

UWS still hopeful for 2020 season

LUDLOW - United Women's Soccer (UWS) has reaffirmed its intent to play the 2020 season for both UWS and UWS League Two. The start of the season will be delayed in order to align with CDC guidance and we will work with all of our clubs to adjust the regular season schedule. The safety of our players, fans and staff remain our top priority and we will continue to monitor events and receive guidance from local, state, and national authori-

"First and foremost, the safety of all the players, staff and supporters will guide any final decision on the 2020 season," said League Commissioner Joseph Ferrara Jr. "We have been working diligently on different scenarios based on potential timelines. UWS intends to provide a National Championship structure for our member teams as it is the most important service provided by the league. Our investment into this event has made it a tremendous showcase for women's soccer.

The New England Mutiny participate in the UWS and has recently featured several star players from Western Massachusetts.

The USL-Two, a men's semi-professional team, recently announced the Northeast Division cancelled its regular

Valley Wheel Baseball looking for new players

REGION – The Valley Wheel Over-30 Baseball League is seeking new players for the upcoming 2020 season. The league is seeking players ages 28 and up. Players turning 28 this year are eligible. However, only players 30 and older can pitch. The league plays 15 regular season games with games being held mostly on Sundays with a couple of weekday games thrown in the mix as well as a special Mother's Day Saturday game in early May. However, due to the current circumstances, the league schedule has been pushed

back. The league still plans to play its season once bans on gatherings are lifted. The league is built on comradery, fair play, and having a good time with friends. If interested in trying out, to www.valleywheelbaseball.com. The rules of the league and new player forms can be found on the site. For further information. you can contact the league's commissioner, Jim Nason at wheel12@comcast.net or call him at (413) 433-4308. Tryouts will be taking place in the early weeks of April, weather permitting, with a draft following the tryouts.



SPRING SPORTS

from Page 11 provided school resumes in September.

In the MIAA announcement, they have made no mention or answered any questions about the status of fall sports. However, athletic directors in Western Massachusetts have begun developing fall schedules, expecting teams will be playing in early September.

The coronavirus first struck the end of winter sports on March 12, when the MIAA

was forced to cancel the state finals in both hockey and basketball. Monson High School girls basketball played in the final state semifinal game, losing to Maynard in a Division 4 semifinal at Worcester State University with fans barred from the building. Maynard and other semifinal winners were deemed "co-state champions" by the MIAA.

The spring season was set to begin on March 16, and was first postponed to March 30 as many schools closed down on their own for two weeks. Gov. Baker then shut schools down

usually includes smaller schools

or situations where a larger

week,

Kolodziey placed a statement on

the PVSSL website expressing

the optimism of having a normal

our hopes up and being optimis-

tic that we will be able to move

forward with the PVSSL this

summer," she stated. "Our plan

is to have the a league for the

summer. Chris and I along with

our executive board is continu-

ing to monitor the situation with

the Corona virus (COVID-19)

throughout our nation and

around the world. While this

is an evolving situation, we are

taking the current situation se-

riously and are following devel-

"At this time we are keeping

Dianna

school has two teams.

Last

summer season.

for three weeks until April 7. In a subsequent decision on March 23, athletics were postponed through April 27. Baker countered with a school closure extension through May 4. The MIAA followed suit with a May 4 starting date for spring sports, agreeing to a shortened season and only holding sectional playoffs that would have concluded before the end of June.

Unlike colleges, which granted athletes an additional year of eligibility for spring sports, seniors in high school will not have that option.

opments very closely.

"We will continue to monitor the situation in real time and will provide a further updates in the near future. We apologize any inconvenience this may have caused however, the safety of our PVSSL family is our highest priority.'

Dianna Kolodziey did not specifically say what steps would be taken if the season were to start, including modified rules for social distancing, and eliminating handshake lines after games like a number of sports plan to.

The Kolodzieys state they hope to hold registrations in early May. For more information, Kolodziev can be contacted at ckolodziey@msn.com.

SOCCER from Page 11

ing the PVSSL season.

"We are not opposed to revising the start and end dates for the leagues, we are will continue to explore our options to get our players back on the field," said Dianna Kolodziey.

The league typically begins play in mid-June and concludes during the final week of July with a playoff week following

PVSSL plays a 10 or 11game regular season. The league is divided into four divisions, Division A boys, Division B boys, Division A girls, and Division B girls. Larger schools highly competitive or advanced smaller schools usually participate in Division A. Division B

this decision-making process and we are so appreciative of our long-standing partnership as well as their understanding and flexibility in what is truly an unprecedented time."

GOLF from Page 11

The Qualifying schedule was as follows: Pine Brook CC (May 7); CC of Pittsfield (May 13); Kernwood CC (May 18); Ocean Edge R&CC (May 20); Pleasant Valley CC (May 26); and The Bay Club at Mattapoisett (May 28).

Oak Hill CC in Fitchburg will be the host site of the Mass

Open in 2021. The club will be celebrating its centennial next year as well.

"We greatly appreciate the continued support of all our Mass Golf Member Clubs who were scheduled to host qualifying, as well as Taconic GC for their willingness to host the Championship," said Kevin Eldridge, Mass Golf's Director of Rules & Competitions. "We look forward to continuing this signature event in 2021."

Taconic was getting set to host the Mass Open for the second time, first hosting it in 1992 when Boston native Andy

Morse took home the title. Taconic has also hosted three USGA Championships and four NCAA Championships in its storied history. Jack Nicklaus was 16 when he made the semifinals of the 1956 U.S. Junior Amateur, hosted by Taconic.

Taconic also hosted the Mass Amateur back in 2016, won by Brendan Hunter, of Red Tail

Josh Hillman, the head golf pro at Taconic, said he's disappointed that COVID-19 has led to this cancelation of the Mass Open and other events, and he just wants to see Taconic get an-

> other shot at some point. "Taconic will always be here for Mass Golf, and we hope to get another Championship on the sched-ule soon," said Hillman, who was named the 2019 Northeastern New York PGA Golf Professional of the Year.

> New Hampshire's Michael Martel won the Mass Open last year by edging out Ryan Gendron (Tampa, Fiorida) by 1 stroke. In the process, he ended Jason Thresher's three-year winning streak in the Mass Open.

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Ludlow Register

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OBITUARIES

DEATH NOTICES

Afonso, Moises I. Died April 24, 2020 Funeral services will be private Ludlow Funeral Home

Lemieux, Doretta M.

Died April 21, 2020 Celebration of Life at a later date Ludlow Funeral Home

Moreira, Francelina (Leitao) Celebration of life at a later date Faith Community Chapel

Prokop, Helen (Skiba)

Died April 26, 2020 Memorial Mass at a later date Kapinos-Mazur Funeral Home

Robillard. Mitchell R.

Died April 15, 2020 Services will be private Peabody Funeral Homes & Crematorium

Senecal, Richard C. Died April 19, 2020 Celebration of life at a later date Ludlow Funeral Home

The Ludlow Register

Obituary POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice listing** the name of deceased, date of death and funeral date and place.

The other is a **Paid** Obituary, costing \$120, which allows families to publish extended death notice information of their own choice and may include a photograph.

Death Notices & Paid Obituaries

should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

Moises Afonso, 87

LUDLOW - Moises Isidoro Afonso, 87, of Ludlow, passed away unexpectedly on April 24, 2020. Born in São Julião, Chaves, Portugal, son of the late Antonio & Ber-



ta Afonso, he spent two years in the Portuguese military and then lived and worked in Mozambique, Africa as a police officer for 5 years. In 1965, Moises moved to Ludlow where he was a member and one-time Vice President of the Gremio Lusitano Portuguese Club. He worked for Easco Hand Tools and Moore Drop Forge; Proudly volunteered with Portuguese Consulate in Boston helping other Portuguese immigrants come to the United States, adjust to this new country, and register to vote. In his spare time, he enjoyed watching soccer, especially the Portuguese National Team, F.C. Porto and Grupo Desportivo de Chaves. Moises was the beloved husband of 57 years to Maria Ferreira Gomes Afonso; a loving father to Eleuteria (Teri) Afonso and Moises Afonso, Jr. and wife Marta, of Ludlow; a cherished grandfather to Joana Catarina Afonso; a dear brother to Norberto Afonso and Antonia Pataco of Portugal

so, Augusta Afonso Cruz, and Lucia Afonso: brother-inlaw to Antonio F. Gomes & wife Karen, of Wilbraham, and Leonilde Gomes and husband David, of Palm Coast, FL; and also leaves his

cousins: Arlindo Dos Santos and wife Nuemia, and Amilcar Ferreira of Ludlow; nieces and nephews: Odete Bernardo & husband Rudy, Laura Fontoura and husband Paul, and Terry Gomes of Ludlow, Anthony Gomes and wife Sarah, and Valerie McLeod and husband Chad of Wilbraham, Ana Paula Salgado and husband Alipio of Portugal, Antonio Afonso Cruz and Lucia Cruz of Rio de Janeiro, Brazil, Elizabete Pataco and Carlos Pataco of Portugal; many grand-nephews and nieces, and extended dear family and friends in Portugal, Massachusetts, Southern Connecticut, New York and New Jersey with whom he spent many wonderful times. Funeral services for Moises will be held privately by his family. For information please visit ludlowfuneralhome.com. In lieu of flowers, contributions can be made to: Association for Glycogen Storage Disease, Hollie Swain, Treasurer, 611 Wisconsin Ave, Davenport, IA 52804.

Doretta M. Lemieux, 91

and the late Alexandre Afon-

LUDLOW Doretta M. Lemieux, 91, of Ludlow for 74 years, passed away peacefully at home on April 21, 2020 with her family by her side. She was beloved wife of the late Wilfred



Lemieux. She was the loving mother of Annette Manning and her husband Joseph Manning of Gilford, N.H., Elaine Lemieux and her fiancée Ed Shultz of Winter Haven, FL, Willie Lemieux and his wife Debbie of Ware, Mass., Lisa Grassette and her husband Jeffrey of Ludlow,

She leaves two sisters, Diane Senecal and her husband Lester Senecal, Dorine Bessette and her husband Alan Bessette, and her brother Hervey Daigle all of Florida. She leaves behind eight grandchildren, Judy Carter, Lynn Many, Matthew Lemieux, Alexis Fanning, Melissa Modzelewski, Michael Modzelewski, David Modzelewski, TJ Modzelewski and eight great grand-

С

Ε Α U

Α M children.

She graduated Commerce from high school with a business degree. She was a long time communicant of St. Elizabeth Church. Doretta and fred owned and op-

erated L&L Machine Inc. for over 50 years. They were active members of the Ludlow Chamber and the National Tooling & Machining Association. The Lemieux Family wishes to thank Western Mass. Eldercare and Baystate Hospice staff for being there in her time of need.

Private services will be held for Doretta by her family with a Public Celebration of Life Service to be held at a later date.

Ludlow Funeral Home has been entrusted with her care, and in lieu of flowers, please donate to the St. John the Baptist

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School Scholarship fund, 191 Hubbard St. Ludlow, MA 01056.

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Helen (Skiba) Prokop, 96

Helen (Skiba) Prokop, 96, of Ludlow, passed away peacefully on Sunday, April 26, 2020. Helen was born in Chicopee on July 3, 1923 to the late Stanley and Frances (Baniuch) Skiba. She was the



Helen was predeceased loving husband, as well as her son Ronald, and her daughter Judith. She was also predeceased by her five brothers, Fr. Prosper Skiba OFMC, John, Thomas (Helen), Fr. Andrew Skiba OFMC, and Henry Skiba, her sister Sophie Wojtowicz, and her

loving wife of the late Lt. Edwin J. Prokop to whom she was married for 63 years. She attended St. Stanislaus Grammar School and was a graduate of Cathedral High School. She worked in the cash office at Bradlees Department Store for 17 years. She was a parishioner of Christ the King Church and was a long-time member of the choir there.

Helen is survived by her son "Jake" Edwin Prokop Jr. and his wife Jeannine; grandchildren Jada Devlin, Jessica (Justin) Hebb, Mark Ottani, Todd (Megan) Prokop, and Dr. Allison Prokop; and great grandchildren Teaghan and Taryn Devlin, Heath, Jude, and Henry Hebb, and Ezra Prokop.

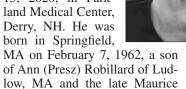
She is also survived by several nieces and nephews; Christine Wojtowicz of Kentucky, Carol (Leon) Marier, Janet (Boyd) LaChance, Barbara (George)

nephew Ricky. Helen was the matriarch of her family. She was a wonderful mother, grandmother, and great grandmother. She was kind and loving, and was an amazing pierogi maker who taught this tradition to her children and grandchildren. She will be remembered for her kindness, her patience, her generosity, and her strength.

A Memorial Mass will be held at a later date. Donations in Helen's memory may be made to Christ the King Church Perpetual Adoration Chapel, 41 Warsaw Avenue, Ludlow, MA 01056. Kapinos-Mazur Funeral Home is in charge of arrangements.

Mitchell R. Robillard, 58

LONDONER-RY, NH - Mitchell Robillard, 58, Londonderry, NH, passed away Wednesday, April 15, 2020, in Park-



Robillard.

He is survived by his loving wife, Lisa (Davis) Robillard of Londonderry; two sons, Andrew S. Robillard of Luxembourg City, Luxembourg and Nathaniel J. Robillard of Londonderry; sister, Sheryl Schiavo of Townsend, MA; brothers-in-law Phillip Schiavo of Townsend, MA, Keith Davis of Lucasville, OH, and Bruce Davis of Toledo, OH; niece Janna Schiavo and nephew Christopher Schiavo, both of Townsend, MA; and several

aunts, uncles and cousins.



Mitch had long successful career as an electrical and computer engineer serving in the U.S. Government Defense industry, and most recently worked for Draper in Cambridge, MA.

He loved retreating on weekends to his lake cottage, spending afternoons working in the yard, boating, fishing, and relaxing with dear friends. He was an avid traveler and enjoyed going to new places around the world, especially with his family.

Services will be held privately. The Peabody Funeral Homes & Crematorium is assisting the family with arrangements. Memorial contributions may be made to the American Heart Association, PO Box 417005 Boston, MA 02241-7005. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com.

MORE OBITUARIES ON PAGE 14



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TUARIES

Richard Charles Senecal, 74

SPRINGFIELD - Richard Charles Senecal, age 74 from Springfield, Mass., passed away peacefully on Sunday, April 19th 2020. He graduated from Precious Blood High School in Holyoke, Mass. Richard was an active member of Mary, Mother of Hope Parish in Springfield,

where he was a Eucharist Minister, as well as a member of the Knights of Columbus. He worked for Sears for 25 years and the City of Springfield for 20 years before retiring, and in his spare time, he loved going to the YMCA in Wilbraham, participating in exercise classes and socializing with staff and other members. He loved being with his family and also enjoyed traveling and exploring new places. Preceded in death by his parents Ferdinand C. Senecal and Claire M. Bronner Senecal, Richard is survived by the love of his life of 52 years,



Kathleen Carey Senecal; his sister Carol Senecal Dunne of Ware, Mass.; his 3 children, Tara Senecal Tetrault of Spring-Heather Senecal Moynihan and her husband John Moynihan of Springfield, Craig Senecal and his wife Susan Goncalves

Senecal of Ludlow; as well as his 9 grandchildren; 2 great grandchildren; and several nieces and nephews. The family would like to thank the nurses, doctors, and staff of Baystate's medical ICU for always showing such kindness and compassion. Ludlow Funeral Home has been entrusted with his care, and in lieu of flowers, please make donations to YMCA of Greater Springfield Livestrong Program, P.O. Box 15329 Springfield MA 01115-5329, a cause dear to his heart. A celebration of Richard's life will be held at a later date and time to be announced.

Francelina (Leitao) Moreira, 92

LUDLOW - Francelina (Leitao) Moreira, 92, of Ludlow is now in the arms of her Heavenly Father and dear husband, Fernando Moreira. Born in Nazare, Portugal, Francelina has lived in Ludlow for the last 50 years as a cherished friend to her community and member of her

family. She worked at Carter's/Gemini, and a bridal shop in Ludlow. A talented seamstress, she was a master at connecting not just pieces of cloth, but also people; she believed in respecting everyone and, when asked about her life, she smiled and said she is a happy woman who has "had a good life." She was a devoted wife to her husband, Fernando Moreira, since 1960; a loving mother to Teresa Gordon and her husband, Michael; a truly beloved grandmother to Vanessa and Robert; and a precious cousin to the Leitao, Bernar-



do, Lopes and Knox families. She is further survived by her siblings: Abel, Alda, and Antonio; her niece and nephew, Duarte and Claudia; and countless friends who have been touched by her humor, warmth, strength, bravery, and love. Although

she will be missed, dearly and deeply, by those who love her, we know she is filled with joy at the thought of being reunited with Fernando. Her memory will live on in our hearts as well as our minds. A celebration of her life will be held at Faith Community Chapel at 485 East Street in Ludlow at a later date out of concern for the health of our friends and neighbors. In lieu of flowers, donations may be made in Francelina's memory to Sister Caritas Cancer Center at Mercy Medical Center or to Feed My Starving Children (fmsc.org).

PUBLIC

TOWN OF LUDLOW **Ludlow Public Schools Invitation for Bids** FY2020 - 2022 School **Business Management Services Contract**

The Ludlow Public Schools will receive bids for period from July 1, 2020 to Management Services. June 30, 2022. Specifications and Bid forms are available at the Ludlow Public Schools

Central Office, Office of the Superintendent, 63 Chestnut Street, Ludlow, Massachusetts 01056 beginning April 29, 2020, 9 a.m. Bids shall be submitted and addressed to the Superintendent of Schools and marked FY2020

School Rusiness Bids will be received at the Superintendent's Office until 2:00 p.m., May 13, 2020 at

which time they will be publicly opened in the School Committee's Conference Room. The Ludlow Public Schools reserves the right to accept or reject any or all bids and call for new bids. The Ludlow Public Schools Affirmative Action Employer. Todd Gazda, Superintendent

Ludlow Public Schools

PUBLIC NOTICES

Email all notices to notices@turley.com

Access archives and digital tear sheets by newspaper title.

Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.

visit www.publicnotices.turley.com

Boston-area donations grow COVID-19 response fund to \$3 million

SPRINGFIELD - The COVID-19 Response Fund for the Pioneer Valley has topped \$3 million in donations and growing, with the Community Foundation of Western Massachusetts today reporting the latest donations to the Fund. The Foundation also announced another \$255,000 in emergency grants, bringing the total to \$1 million awarded from the Response Fund to local nonprofits serving the immediate needs of the most vulnerable populations affected by the pandemic in Western Massachusetts.

The most recent donations to the Fund reported today include:

- \$250,000 from the Barr Foundation in Boston

- \$107,000 from the Community Foundation of Western Massachusetts

- \$100,000 from the Vertex Foundation, affiliated with Vertex Pharmaceuticals Inc. located in Boston

\$75,000 from an anonymous foundation based in Boston - \$25,000 from Delta Dental of

Massachusetts

- \$25,000 from Berkshire Bank Foundation

This week's grants to nonprofits support health and other urgent services for vulnerable and underserved populations, including limited English speakers, to Gandara Center, ServiceNet, Behavioral Health Network, Clinical and Support Options, Center for New Americans, New North Citizen Council and Enlace de Familias. Clinical Support Options (for Springfield) and ServiceNet (for Greenfield and Northampton) also received grants to cover costs associated with social distancing in shelters they manage. Also, Grow Food Northampton received a grant for food distribution in Greater Northampton.

According to Katie Allan Zobel, President and CEO of the Community Foundation of Western Massachusetts, "I am awed that \$3 million has been donated in the mere three weeks that the fund as been in existence,: said Katie Allan Zobel, president and CEO of Community Foundation of Western Massachusetts. "This outpouring of generosity from across the Commonwealth of Massachusetts is a testimony to the goodness and generosity of our people. These donations go directly into the Response Fund and are quickly deployed into the community. Donors can feel confident that their gifts are supporting the critical work in our region of helping those most impacted by the crisis. Together, and working in collaboration with so many on the ground doing the work, we will get through this historic period of need."

Zobel said the funding is targeted where resources have emerged and are desperately needed including in the area of food security where elderly and others are not able to leave home and access food pantries, organizations challenged with obtaining masks and gloves in serving their constituencies, and lack of translation of critical information about safety measures during the pandemic. Resources are also being deployed to address diaper shortages for families with infants and those serving the disabled, and increased requests for mental health supports.

Zobel also stressed that donors are encouraged to make donations directly to nonprofit organizations working to support populations impacted by the COVID-19 pandemic, emphasizing that this fund is not a replacement for direct donations to nonprofits.

In addition to donations from business and philanthropic organizations, over 120 individuals have made donations to the CFWM Response Fund.

The Community Foundation welcomes additional donations to the COVID-19 Response Fund for the Pioneer Valley. Gifts can be made online www.communityfoundation.org/

Blood donations needed more than ever during the Coronavirus pandemic

Baystate Health moves its blood donor operation to Holyoke

SPRINGFIELD - As President Donald Trump left the White House briefing room recently during a coronavirus update, someone shouted out "donate blood!"

It was an important message. The need is so much that Massachusetts Gov. Charlie Baker included blood and platelet donors on his list of essential services issued recently.

America faces a severe blood shortage during the coronavirus pandemic and the U.S. Surgeon General Jerome Adams is urging healthy individuals to donate blood as the crisis unfolds.

Until further notice during the COVID-19 pandemic, Baystate Health is relocating all blood and platelet donation to 361 Whitney Ave. in Holy-

Blood donations will take place daily, Monday through Sunday, from 10 a.m. to 4 p.m. Walk-ins are welcome, but appointments are suggested and can be made by calling 413-794-

Platelet donations will also occur at Whitney Avenue, but are by appointment only at 413-794-4600.

Additional protocols are being implemented during the coronavirus pandemic for the safety and health of donors, including:

Prescreening donors

Extra precautionary cleaning

Spacing out donors to comply with social distancing and group gathering restrictions.

All eligible donors will receive a ticket to Six Flags (for future use, valid through Jan. 3, 2021 and a gift card to Big Y or Dunkin.

Please contact the Baystate Health Blood Donor Center at 413-794-4600 with questions or to make an appoint-

BUSINESS

Turley Publications is liberal with regard to its business coverage polices, but we do have some standards folks need to understand. First, local businesses and merchants are just as much institutions in our towns as the library and schools. Without them, there are no towns.

We will feature coverage of local businesses that are new, have a major expansion, moving, closing, under new management or ownership, celebrating a milestone anniversary, or have been thrust into the news realm. Merchants can request that coverage through the editor, or for our existing advertising clients, through their ad representatives

For more information on business coverage for The Ludlow Register, please email ludlowregister@

A TURLEY PUBLICATION

DATEBOOK

ONGOING

THE MICHAEL J. DIAS FOUNDATION sponsors a support group for families and friends whose loved one is affected by an alcohol/substance use disorder. The group meets every Tuesday from 6:30 to 7:45 p.m. at Healthsouth, 222 State St., Ludlow. All are welcome! If you have any questions, call Maureen at 413-563-6226.

LUDLOW SENIOR CENTER 55 AND OVER VOLLEYBALL LEAGUE will be held at East Street School on Tuesdays and Thursdays from 5-8 p.m. The cost to take part is \$20 per year. For more information contact the Senior Center Activities Director at Activity@ludlow.ma.us or 413-583-3564 ext. 1310.

WESTERN MASS RELICS SENIOR SOFTBALL LEAGUE. Slow pitch with two divisions (50-plus and 65-plus). All games played at the Ludlow Fish & Game Club from May to Labor Day. Registration forms and information available at www. wmassrelics.com.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place Wednesdays at 7 p.m. at 343 Winsor St., Ludlow. Call 348-6487 for more information.

SHARE YOUR SIGHT. Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

EVENTS

Editor's note: As towns, schools and clubs continue to assess the threat posed by coronavirus, many are making the decision to cancel or postpone their public events, often with little notice.

The Register will inform readers about cancellations when known and when the newspaper's weekly deadline will permit, but readers should be aware of the possibility that events featured in the printed newspaper, including those previewed in stories, briefs and on the calendar page, may be canceled without enough notice to print an update. The Register encourages readers to contact event coordinators and organizers to confirm that it is still taking place before attending.

TRIPS

The Polish American Veterans of Wilbraham are planning the following trips in 2020.

QUEEN ESTHER The three-day tour to see "Queen Esther" in Lancaster. Pennsylvania on Aug. 26 to 28 includes deluxe motor coach, two nights at the Bird in Hand Inn, two breakfast buffets at the hotel. Dinner show "Josiah for President" (Dinner #1) and Miller's Smorgasbord (Dinner #2). "Queen Esther" will have reserved orchestra seats up front. There will be Mount Hope Winery visit, Bird in Hand Farmers Market and Sands Casino visit. There will be a Stop at Mastoris Kitchen Kettle Village and Longwood Gardens. Portchester Diner on return home (meal on own). Baggage handling, all taxes and driver's gratuity included Cost is \$455 for double occupancy, \$435 for triple occupancy and \$575 for single. Deposit of \$75 at sign up, balance due July 15. Cancellation protection \$39 per person. Bus departs 7 a.m.

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Ludlow Register

DOLLY & KENNY at The Stadium Theater, Woonsocket, Rhode Island on Thursday, Sept. 24. Bringing back Dave & Karen for a second show. Sold out the first show. Package includes motor coach transportation, chicken dinner at Wrights Chicken Restaurant. natinee tribute show with Dolly Parton and Kenny Rogers, meal taxes and gratuities. Karen Hester is Dolly Parton and David Karl is Kenny Rogers. Cost is \$92 per person. Final payment due Aug. 28. Bus departs 10 a.m. from PAV, 1124 Berkshire Ave., Indian Orchard.

"GHOST OF A CHANCE" at The Newport Playhouse & Cabaret in Rhode Island. A Victorian-era tragedy is re-enacted in a supposedly haunted house. Package includes roundtrip motor coach, buffet luncheon, Playhouse Comedy Show, a Cabaret Show (two shows), meal taxes and gratuities. Buffet menu includes lettuce bowl, potato salad, beets and onion salad, three-bean salad, bbq ribs, sausage and peppers, roasted chicken, baked ham, baked beans, sweet potatoes, assorted desserts, coffee and tea. Cost \$102 per person and payment is due Sept. 21. Bus departs 8:30 a.m. from PAV, 1124 Berkshire Ave., Indian Orchard.

For more information on any of the above trips or to reserve a seat call Rich Gosciminski at 413-583-4610. Make checks payable to Polish American Veterans. Mail to Rich Gosciminski, 149 Center St., Apt. #1, Ludlow, MA, 01056. All trips depart from P.A.V, 1124 Berkshire Ave., Indian Orchard, MA.

9 TO 5 MUSICAL The Catholic Woman's Club of the Diocese of Springfield invites area residents to join the club for a bus trip to see "9 to 5 The Musical" by Dolly Parton, at the Westchester-Broadway Theatre in Elmsford, N.Y., on Wednesday, Sept. 9. The bus leaves the Big Y parking lot

in Ludlow at 7:30 a.m. and. returns about 7:30 p.m. Attendees can choose their lunch entree off the menu. Tickets are \$100 and seating is assigned as checks are received. The deadline for payment is June 20. Call Ruth at 413-531-3506 for more information.

SAN ANTONIO HOLIDAY - Dec. 3-7, 2020

Four days at Westin Hotel on the city's Riverwalk, illuminated for the holidays. Also, city tour, river cruise, Mexican Marketplace, Alamo, Mission San José, LBJ Ranch, German community of Fredericksburg decorated for Christmas, Museum of the Pacific War and more. \$2,149 pp doubles includes air, taxes, luggage handling, and transportation to/from Bradley Airport. Contact Jim Martin at 413-583-6339 or jameslmartin47@gmail.com.

POLANIE CLUB TRIPS

For information and reservations on any of the following trips. please call Loretta @ 413-592-7350, Stacy @ 413-593-1172, or Dianne @ 413-214-3822.

Trips depart from Szot Park, Chicopee and Stop & Shop, West Springfield. Make payments to LORETTA GOYETTE 582 E. Main St. Chicopee, Ma

QUEEN ESTHER at the Sight & Sound Theatre, Lancaster,Pa. June 9-11, includes deluxe motor coach, two nights at Comfort Inn, Lancaster with two breakfasts, one dinner at the Mount Hope Estate & Winery and one dinner at Miller's Smorgasbord, Improv Comedy Show, the Queen Esther Show, Village Insider at Kitchen Kettle Village, visit to the Old Windmill Farm, and a ride aboard the Strasburg Railroad through the Amish Farmlands. Cost \$ 521. pp. double/triple. due April 21, 2020

CRUISING GLOUCESTER HARBOR, Sunday, July 26, 2020. Buffet Lunch aboard the Beauport Princess with DJ music and light narration. visit Rockport and shop in the many galleries. Cost \$ 114. pp \$25. deposit due with reservation Final payment due June 19, 2020.

THE EDWARDS TWINS, Thursday, August 13, 2020. The Number One Impersonation act in the world. Their vocals and looks are amazing. Aqua Turf Club, Plantsville, Ct. Coffee & Donuts on arrival, Family Style Menu: Salad, Chicken ala Kathryn, Broiled Scrod, vegetable, potato, dessert, beverage. Cost \$103. pp. \$25 deposit due with reservation. Final payment due July 3, 2020

UNCHAINED MELODY: Tuesday, September 22, 2020. starring Jimmy Russo & The Chords, dynamic entertainment at The Grand Oak Villa, Oakville, Ct. Family style meal with Chicken Parmesan, Roast Pork, Pasta with homemade sauce, potato, vegetable, dessert, soda & coffee. Carafes of Red & White Wine on every table. Cost: \$93. pp . \$ 25 deposit due with reservation. Final payment due August 14, 2020

A BOB HOPE USO STYLE TRIBUTE: Thursday, November 12, 2020, featuring Bill Johnson and Holly Faris. at The Grand Oak Villa, Oakville, Ct. A tribute to America's Veterans. Family style meal Salad, Pasta, Roast Turkey with Gravy and Sliced Roast Beef with gravy, roasted potato, Vegetable, dessert, soda & coffee. Carafes of Red and white Wine on every table. Cost \$ 94. pp \$ 25 deposit due with reservation. Final payment due October 2, 2020.

Church DIRECTORY

CHRIST THE KING CHURCH 41 Warsaw Ave., Ludlow 413-583-2630

Pastor Rev. Raymond A. Soltys

Saturday Vigil Masses – 5 p.m. and 6:30 p.m. Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m. Sunday Evening Mass – 5:30 p.m.

IMMACULATE CONCEPTION CHURCH 25 Parker St., Indian Orchard 413-543-3627

Pastor Rev. Jeffrey Ballou

Hours are 8:30 a.m. to 3:30 p.m., Monday through Friday Sunday Mass – 8 a.m. (English) 10 a.m. (Polish/English) 5 p.m. (English) Masses (Monday through Saturday

Morning Masses (Monday through Saturday) 8 a.m. Saturday Vigil Mass – 4 p.m. (English) Vigil Mass on Holy Days of Obligation – 7 p.m. Holy Day of Obligation Masses – 8 a.m. and 7 p.m.

OUR LADY OF FATIMA PARISH 438 Winsor St., Ludlow 413-583-2312 Father Vitor Oliveira

Sunday Masses – 9 a.m. (Portuguese);
11 a.m. (English)
Monday and Wednesday Morning
Masses – 8:30 a.m. (Portuguese)
Tuesday and Friday Masses – 5:30 p.m. (Portuguese)
Saturday Vigil Mass – 4 p.m. (English)
First Saturday of the Month – 8:30 a.m.
For more information, visit
ourladyoffatimaparish.org.

FAITH COMMUNITY CHAPEL 485 EAST ST. LUDLOW, MA 01056 413-583-7875

www.faithcommunitychapel.org email: faithcommunitychapel8@gmail.com Pastor Jon P. Scott Sunday School 9:30 a.m. Fellowship 10:30 a.m. Worship Service 11 a.m. Sunday Services:

9:30 a.m. Sunday School for all ages
10:30 a.m. Fellowship with coffee and donuts
11 a.m. Worship Service
See Faith Community Chapel Facebook for updates.
Wednesday 7 p.m.
Ludlow Christian Fellowship
Bible Study: Hank Bastos, Leader
Call: 413-348-6487 for more information

ORCHARD COVENANT CHURCH 95 BERKSHIRE STREET INDIAN ORCHARD, MA 01151 413-543-4204 REV. NANCY EBNER, PASTOR

Sunday School-9:45 a.m. for all ages
Worship-11 a.m., coffee hour follows
Sunday at 6 p.m.-Gambler's Anonymous/Gamanon
Thursday at 7 p.m.-Choir Practice, n
ew members welcome!
Third Saturday of every month at 8:30 a.m.Men's Fellowship Breakfast
See our website for more information:
www.orchardcovenant.org.

ST. PAUL'S UNITED METHODIST CHURCH 123 Hubbard St., Ludlow 413-583-5754

Rev. Richard Pagano Pastor's office hours

by appointment Sunday Worship at 9:30 a.m. Tuesdays – AA 7:30 to 8:30 p.m. Thursdays – AA 7:30 to 8:30 p.m. Thursday and Saturday – Outreach

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS 584 West St., Ludlow 413-583-8454

S Sunday services Sacrament Meeting 10- 11 A.M. Sunday school for adults, Young single adults(18-30) and teens (11-18)-1st & 3rd Sunday of the month from 11-12 noon Adult Religious/Marriage and Parenting for Women-2nd & 4th Sunday of the month from 11-12 noon Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon Nursery provided for ages 18 month - 3 yr

THE FIRST CHURCH IN LUDLOW 859 Center St. Ludlow, MA 01056 413-583-3339 or 413-583-6834 Reverend Donald Fenestre-Marek Pastor Office Hours:

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Fridays: 10 a.m. to 2 p.m.
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Church School, Nursery and
Coffee Hour after service.
Wednesdays – 7:30 p.m. – AA meetings
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Sundays from 9:45-10:30 a.m.

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UNION CHURCH OF CHRIST (United Church of Christ) 51 Center St., Ludlow 413-583-5717

Pastor: Rev. Jeffrey K. Erb
Worship Service and Sunday School: Sunday, 10 a.m.
(Fellowship hour following)
Office Hours: Wednesday, 9 a.m. to noon
Choir Practice: Sunday, 9 a.m.

STS. PETER AND PAUL UKRAINIAN
CATHOLIC CHURCH
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Ludlow, MA 01056
Phone: 413-583-2140
Pastor: Father Andriy Krip

Liturgy schedule: Wednesday 8:30 a.m. Friday 8:30 a.m. Sunday 8 a.m

Physicists in Italy, Canada and U.S. design simplified ventilator adaptable to local-source materials

UMass Amherst physicist works with regularly involve engineers, and people like global team sharing technology against COVID-19

AMHERST - To address the COVID-19 pandemic, particle physicist Andrea Pocar at the University of Massachusetts Amherst and an international team of "Dark Matter" scientists are now designing and circulating plans for a simplified mechanical ventilator. They offer an adaptable device using parts found almost anywhere, Pocar says.

He says the group already has seen "a lot of interest" from such countries as India, South Africa, Bolivia, Ecuador, Brazil, Mexico, Iran and Indonesia. Pocar is particularly interested in helping to introduce U.S. firms and organizations who may wish to build the ventilators as well as in securing regulatory approval.

He adds it is not such a stretch to imagine physicists creating respiratory-assist machines, noting that physicists are trained to simplify complex problems and not give up until they have a plan.

Further, Pocar says, "One of the things in particular about experimental particle physicists is that we build our own stuff, one-of-a-kind instruments, and we program unique electronics for our experiments. We

me who specifically work on dark matter and rare-event physics work with gases and fluids all the time. We've spent a lifetime using high-end pressure- and flow-control valves and sensors, and we know what clean means, without contamination. Turning to solve a problem like a ventilator felt very natural."

The project initiative came first from Italian physicists led by Cristiano Galbiati of Princeton University and Gran Sasso Science Institute L'Aquila, a college classmate of Pocar's. Galbiati also recruited astrophysicist Arthur McDonald of Queen's College, Ontario, and others from "DarkSide 20k," an international astrophysics dark matter detection program. More than 250 physicists, engineers, physicians and others in 12 countries are now collaborating online in subgroups. Like Pocar, many had spent the past decade or more designing instruments to collect, purify and liquefy argon for their

The scientists call their device the Mechanical Ventilator Milano (MVM). It uses electricity and compressed oxygen or oxygen-plus-medical air, valves, tubes, connectors to a hospital supply and expiration tubes. Pocar says, "The MVM device was designed with supplies that are readily available in Italy, Europe, Canada and the U.S. Each country will have to adapt it to what they can cope with at a time when global supply chains are disrupted."

One key MVM group is developing and programming the ventilator's control and monitoring unit, while Pocar is working with the project's international engagement committee. Their task is to manage inquiries now coming from many countries, to identify where project help is needed and to provide guidance for those who want to build opensource, patent-free devices in their region.

Another of the project's working groups is shepherding the device through two regulatory processes - the U.S. Food and Drug Administration's evaluation/acceptance process and the U.K.-based Medicines and Healthcare Products Regulatory Agency standards used in Europe for emergency equipment, Pocar notes. "Governments will eventually have to buy these things, and they must meet strict standards. We've tried to anticipate those so it can quickly pass an accelerated certification process. They're also working on a user manual, documentation, parts list and standard international symbols that must be used.'

"FDA certification will be key because

other agencies will recognize that process and trust it, shortening the time the MVM could be used on patients that need it," he

In addition to Italian government officials and scientists at Health Canada and Canadian national laboratories, the MVM team is working with the lead U.S. national lab for accelerator-based particle physics, the Department of Energy's FermiLab in the Chicago area, and with the U.S. Air Force on FDA certification of the device, Pocar says.

He emphasizes that everyone connected with MVM has pledged to strictly guard against any privatization or production-for-profit of the device. "We are all working as hard as we can to prevent anyone from trying to patent this. We are publishing our designs and plans on open-source platforms following the CERN Open Hardware License and making it known that it must be kept open.'

Pocar says his next step is to try to facilitate wide availability of the device design and documentation in other countries and to "try to facilitate as much as possible the seeding of entrepreneurship around this device. The intellectual property behind it would come for free for whoever wants to











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Drive-thru restaurants with dog-friendly menus

Running out to grab a bite or a latte but don't want to leave your sweet pooch behind? With an increasing number of restaurant drive-thrus serving up dog-friendly menu items, you don't have to! While some restaurants display these items on their menu, others have doggie items that are kept on the "down-low," so you'll have to ask for them when you or-

Pack up your pooch and check out some of these drive-thru favorites!

Sonic

If your dog loves car rides and eating (um, really?), he'll surely love to dine at

Sonic, the ultimate drive-in restaurant. Many of their locations offer doggy treats. But better yet, order a burger or grilled chicken sandwich (plain, no bun) for your furry sidekick.

In-N-Out Burger

This burger chain has been serving up tasty morsels since 1948 and it was California's first drive-thru hamburger stand! People and pups love their burgers. In-N-Out offers their special "Puppy Patty" - which is an unseasoned burger, served in their signature doggy bags.

Chick-fil-A

Since 1964 Chick-fil-A has been the home of the original chicken sandwich. And what pup doesn't love chicken? Swing by and grab an order of grilled chicken nuggets for your pooch and maybe a delicious chicken wrap for you! Plus, some of their locations offer free doggie treats, so be sure

Starbucks (a.k.a. Starbarks)

For when you need a morning eye opener or an afternoon pick-me-up! Roll up to Starbucks with your little fluffer and grab a latte for you and treat your pup to a "Puppuccino". In case you didn't know, a puppuccino is light whipped cream served in a

Shake Shack

Technically not a drive-thru, but their "order ahead" service makes it a quick and easy grab and go! Plus, with their special doggie menu, we just had to include them! Shake Shack offers pups 2 menu items. "Bag O'Bones" is a doggy bag of 5 Shack-Burger dog biscuits made by Bocce's Bakery. "Pooch-ini" includes ShackBurger dog biscuits with peanut butter sauce and vanilla

Yes, their service is pretty darn quick, BUT, PDQ actually stands for People Dedicated to Quality! Their fresh (never frozen) chicken has no added hormones or steroids. This drive-thru restaurant is the perfect place to pick-up some grilled chicken tenders for your pampered pooch.

Dunkin' (a.k.a.) Dunkin Donuts

Dunkin' serves up a lot more than donuts and breakfast sandwiches these days. Their new(ish) selection of barista items is quite impressive. So drive up and buy yourself an almond milk caramel macchiato, and get your furkid a "Puppy Latte"! A puppy latte is light whipped cream in a small cup.

Dairy Queen

Since 1940, Dairy Queen has been helping soft serve ice cream lovers get their fix! DQ features a walk-up window to order, so although they are not a drive-thru, you and your dog can both hop out to place your order. DQ loves its loyal customers and that includes the furry ones! It shows them some love with DQ "Pup Cups" -- a small cup of soft serve vanilla.

Mickey D's, BK, and Wendy's McDonald's, Burger King, and Wen-

Always be mindful of your dog's diet.

Too much of a "good" thing might not bode well for your fluffer's little tummy - particularly dairy products and greasy items. Check with your vet if you are unsure about feeding your dog something new.

dy's, are also popular drive-thru restaurants

among pet parents. A plain burger or grilled

chicken might be good options for your

pup...or perhaps a couple licks of your soft

With all the dog-friendly options out there, next time you do drive- thru, be sure to include your four-legged family member!

About TripsWithPets.com:

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Baker-Polito administration releases income tax guidance

BOSTON - The Baker-Polito administration released guidance regarding the extension of the 2019 state individual income tax filing and payment deadline from April 15 to July 15 due to the COVID-19 outbreak, and announced that the Department of Revenue (DOR) will waive any late-file and late-pay penalties for corporate excise returns and payments due April 15 that are filed and paid by July 15.

This guidance, publicized in the form of a Technical Information Release (TIR) from DOR, clarifies that also applies to an April 2020 tax in-

the extension for personal income taxpayers applies to 2019 returns and payments as well as the first installment of estimated tax due April 15. The second installment of estimated tax due June 15 will also now be due July 15.

The extension of the personal income tax return deadline is being implemented pursuant to legislation and applies to personal income tax, estate and trust income tax, and income tax due with a partnership composite return with an April 15 due date. It

stallment owed by a personal income taxpayer with respect to deemed repatriated income. Taxpayers that have previously filed their 2019 returns but have not yet made the associated payments have until July 15 to make such payments.

Additionally, DOR will waive latefile and late-pay penalties for corporate excise (including financial institution and insurance premiums excise) returns and payments until July 15. The waiver of penalties applies to corporate excise returns and payments with an original due date of April 15, including those of certain S corporations and non-profits that file on a fiscal-year basis and have tax returns and payments due April 15.

This income tax relief is automatic, and taxpayers do not need to file any additional forms to qualify.

Individuals and companies with questions or concerns regarding taxes can contact the Massachusetts Department of Revenue at 617-887-6367 or send a secure e-message through MassTaxConnect.

The benefits of local newspapers

ocal newspapers play vital roles in communities across the globe. The Information Age has changed the way many people get their news, but local newspapers continue to serve as valuable resources for readers interested in learning more about and becoming more involved in their communities.

While local publishers continue to adapt to the changes brought about by technology, the following are a handful of benefits unique to local newspapers.

• Local newspapers keep readers up-to-date on their own commu**nities.** Globalization may be here to stay, but that does not mean local communities are no longer home to newsworthy events. National and international newspapers and 24-hour cable news channels can keep men and women up-to-date on national and world news, but in many instances, local newspapers are the only means people have to learn about what's going on in their own communities. Local politics impact residents' lives every day, and local newspapers cover local politics extensively.

- Local newspapers benefit nearby businesses. Small business owners often connect with community members via local newspapers. A strong, locally based small business community can improve economies in myriad ways, creating jobs in the community and contributing tax dollars that can be used to strengthen local schools and infrastructure. And local newspapers do their part by providing affordable and effective advertising space to local business owners looking to connect with their communities.
- Local newspapers can strengthen communities. Local newspapers are great resources for residents who want to become more active in their communities and learn more about community events. Local newspapers often showcase community events like carnivals, local theater productions and projects like park cleanups. These are great ways for readers to become more active in their communities and build stronger communities as a result.
- · Local newspapers can benefit children. National newspapers may have



little age-appropriate content to offer young children, but local newspapers tend to include more soft news items than national periodicals, and such stories typically are appropriate for young readers. According to Newspapers in Education, students who participated in an NIE group in Florida performed significantly better in spelling and vocabulary

than nonreaders. Additional studies have indicated that students who use newspapers in the classroom perform better on standardized reading tests than those who do not use newspapers in class.

Many local newspapers have played vital roles in their communities for decades, providing a go-to resource for local readers and business owners.

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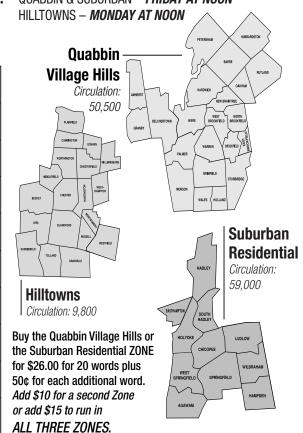
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TAX FILING DEADLINE HAS BEEN EXTENDED TO JULY 15





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Baystate Health suggests a wide range of activities

Activities for kids to do at home:

Infants (0 - 12m)

Read book Your infant loves to hear your voice.

2. Sing a song

Babies love soft rhythms and tunes. 3.Peek-a-boo

Baby loves to see your face appear and disappear behind your hands.

4.Tummy Your baby can build muscle strength by spending time on their stomach. Always supervise your baby while on their tummy. Give baby something to look at or explore while doing tummy time.

5. Go for a walk

If the weather is nice, fresh air is great for your baby. Be sure to stay six feet away from others and don't let other people touch your baby or stroller.

Toddlers (1 to 2-years-old)

- Pots and pans Band Take out your kitchen ware and let your kids create their own music with wooden spoons!
- Sorting and stacking Toddlers love to sort and stack. Find a muffin tin and an assortment of trinkets for them to sort in to each section, or blocks, cups, Tupperware containers that they can stack and build.

3. Dance party

Toddlers love to dance. Put on some music and dance with your toddler. You could even mimic your child's moves for your own exercise similar to James Corden's Toddlerography on "The Late Late Show."

4. No mess painting

Drop dots of paint on a piece of paper or canvas. Then cover with plastic wrap and tape the edges well. Let the toddler push the paint around, creating a no mess piece or art. You can also let them get messy and finger paint if you'd

5. Animal mimicking

Shout out an animal and have your toddler make the noise and pretend to be that animal. It helps them learn, exercise and create. Help your child act out being a dog, a fish, or an elephant.

Preschoolers (3 to 5-years-old)

1. Backwards Day

Have mac and cheese for breakfast, then do the whole day in reverse, let kids wear their clothes backwards, and end with pancakes for dinner.

2. Build a fort

Use blankets, towels, pillows, and stuffed animal from around the house to build an awesome fort where kids can pretend to be explorers, watch a movie, or read a book.

3. Build a zoo

Using blocks, boxes, or household items, create habitats for your child's stuffed animals Kids can decorate each exhibit with coloring pages and make up names and backstories for their animals.

4. Look and find

Look around and find an item in the room. Ask your child if they can find the item and bring it back to you. You can make it easy or challenging. Set a timer and challenge each other.

5. Shadow coloring

On a sunny day, line up your favorite toys in the sun. Trace the shadows onto paper and then you can color in your favorite toys! You could use cars, Lego figures, dinosaurs, dolls, stuffed animals... anything that makes a shadow.

School-Aged (6 to 10-years-old)

1. Scavenger hunt

Create a list of items that can be found in your home or yard. Set a timer to see who can find the most the fastest.

2. Sidewalk chalk drawing competi-

Yell out an object, animal, or image and let your kids try to draw it on the driveway! You can also do this with paper and markers inside on a rainy day.

3. Have a special family dinner

Put a table cloth or sheet on the table, have everyone dress up in their best outfits, use the good silverware and have a fancy dinner together.

4. Science and slime

Look up recipes that you can make at home for slime, cloud slime, molding dough, oobleck and other concoctions. Kids love to mix the ingredients and use their creativity.

Create your own Have kids make up their own board game, card games, sports or challenges. Be sure to have instructions and rules. Who knows, maybe it will become a real game we can buy in the store one day.

Tweens (11 to 13-years-old)

1. Chopped Junior Cooking Challenge Give your kids two or three ingredients they must use in their dish. Be sure to supervise your kids in the kitchen, especially with knives and the oven.

2. Try a Tik Tok

Have your child teach you a popular Tick Tok dance. Even if you're not good at dancing or feel embarrassed, it will make your child feel good to teach you something that they love.

3. Connect with friends online

Use free apps like House Party to video chat with friends, but you can also play games like Heads Up and Pictionary through the app.

4. Dress-up Apples to Apple

Similar to the card game, challenge your child to pick out an outfit for a specific event: concert, school, skiing, beach day or other event. Set a timer and have the kids race to their rooms and select an appropriate outfit. Judge who you think picked the best one. The winner picks the next category. Make sure the kids know they have to fold and put away all of their clothes at the end of the game.

5. Recreate childhood photo

Go through old photos, in print or digitally, to pick out some of your favorites. Try to recreate the image using props, the same family members, and poses. This will be a fun trip down memory lane and is guaranteed to bring the laughs.

Teens (14-years-old and older)

1. Learn a new skil

Use Youtube or online resources to learn how to sew, code, play and instrument or cook.

2. Drawing/Writing

You can look up writing and drawing prompts online and see where your creativity takes you.

3. Pokemon Go or Wizards Unite

Augmented reality games can be played outside from a safe distance from others or even from the car. If your teen is playing, be sure to have a designated driver who has eyes on the road and is not engaged in the game.

4. Exercise

Practice skills from your favorite sport or try classes online like yoga or Zumba.

Learn a new language Rosetta Stone is offering free courses.

Tapestry to remain open during the pandemic

SPRINGFIELD – Tapestry addresses different issues such as the opioid epidemic, the risk of HIV-infections and lack of access to basic needs like food, contraception and screening for infection are still being provided despite the pan-

Tapestry CEO, Cheryl Zoll said these healthcare issues are "exacerbated by a crisis like this that drives people apart and makes service delivery more difficult.'

"I've been so moved by the courageous response of our employees at this challenging moment, as it highlights the depth of their dedication not only to the work, but also to the communities we Zoll said. "In response to this pandemic we have evolved the way we provide care."

The WIC family nutrition programs responded by moving to provide all services online or by phone. Enrollment in the program is up, Tapestry is now able to refill families' food benefits remotely, allowing the program to meet the increased demand for relief during this time of financial insecurity and fear. For safety and efficiency, the three WIC offices have been the Main St. Springfield headquarters and staff are available by phone from Monday through Friday 9 a.m. to 2 p.m. call 413-737-8868 to enroll or coordinate services.

Harm Reduction has gone mobile.

Delivering Narcan and safer supplies and focusing on ways to increase secondary distribution. Tapestry is collaborating with agencies to cover drop-in center services like distribution of hygiene kits and supplies for those people who are unhoused, with little to no access to sanitary facilities. Tapestry partnered with Baystate Health to expand our mobile

fleet to cover delivery services in areas of Hampden, Hampshire and Franklin County. The syringe service programs are still open in all four counties of western Massachusetts. To keep everyone as safe as possible, on-site hours are now 10 a.m. to 2 p.m. Monday through Friday, with extended hours for mobile services. To arrange Narcan or safer supplies delivery call or text 413-221-7722 for Hampshire/Franklin County and 413-270-3277 for Hampden County.

Sexual and reproductive health has implemented a telehealth system, in which sexually transmitted infections, prescriptions for birth control and emergency contraception among other services are available. Take home pregnancy test kits and referrals for lab work as needed are being offered as needed. Tapestry is also prescreening those that need direct, in-person care, which still providing at several clinics. In order to minimize contact and prevent the spread of COVID-19, the hours of operations have been changed. The hours are now 10 a.m. to 2 p.m. Not all locations are open daily so people are advised to call ahead before coming to any clinic site. Phone numbers for all clinics can be found at tapestryhealth.org/sexual-and-reproductive-health-clinic.

Across the agency we have heightened screening procedures and streamlined office hours based on CDC recommendations to mitigate the spread of COVID-19 and make it possible for Tapestry to continue to serve the community as safely as possible during this crisis. We are advising everyone to call ahead before coming to any Tapestry site. Phone numbers for all Tapestry locations can be found at tapestryhealth.org/find-



After 39 years of achievement in the banking industry, Gloria Faria, manager of our Ludlow office, is bringing her accomplished career to a close.

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Gloria has the same passion for serving the community, earning numerous awards while lifting up many lives. She leaves an inspiring legacy of hard work and strong character, as she continues volunteering to make our region a better place to live.

In lieu of congratulating Gloria in person, we invite you to email your well wishes to gfaria@westfieldbank.com.

Congratulations, Gloria!





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